# DC Health Link Carrier Reference Manual

2020

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### **Table of Contents**

Introduction5
Carrier Participation
. Essential Health Benefits
Network Adequacy8
Nondiscrimination9
. Standard Plans9
I. Rating Rules and Rate Review9
A. Merged Risk Pool9
B. Permissible Rating Factors
C. Plans Using the AVC
D. Rate Development and Review
E. Dental-Specific Rating Rules
II. Summary of Benefits and Coverage (SBC) / Benefit Summaries Guidelines15
A. Format and File Name Conventions
1. SHOP
2. Individual Marketplace
B. Deadlines for Submission
. Carrier Submission Process for Qualified Health Plans
A. QHP Rate, Form Filings, and Carrier Certification
B. QHP Data for DC Health Link

C.	Contracting	18
D.	Trading Partner Agreement	19
X. Car	rier Submission Process for Qualified Dental Plans	19
A.	QDP Rate, Form Filings, and Carrier Certification	19
В.	QDP Data for DC Health Link	20
C.	Contracting	20
D.	Trading Partner Agreement	20
XI. Ad	ditional Information and Requirements	21
A.	Transparency	21
В.	Quality Data	22
C.	Marketing Guidelines	22
D.	Enrollment	23
E.	QHP Certification	23
F.	DC Health Link Decision Support Tools	20
G.	QHP Decertification Guidance	22
Н.	RX Template Quarterly Updates Requirement	22
l.	Post Certification Template Changes	23
J.	Plan Management Operational Policy Blast Summary	25

## **Appendices**

**Appendix A** - District of Columbia Age Factors & Rating Curve

**Appendix B** - DISB Health Insurance Rate and Form Filing Requirements

Appendix C - DISB Rate Filing and Form Filing Checklists, Prescription Guide Template Updated

**Appendix D** - HBX Issuer Attestations

**Appendix E** - DISB Guidance on Nondiscrimination in Benefit Design

**Appendix F** - DCHBX Authority Executive Board Resolutions **UPDATED** 

**Appendix G** - CCIIO Quality Improvement Strategy (QIS) Implementation Plan and Progress Form

**Appendix H** - Stand-Alone Dental Supplemental Benefits Form **NEW** 

**Appendix I -** Evidence of Coverage and SBC/Benefit Brochure Tracking Form **NEW** 

#### I. Introduction

On March 23, 2010, the Patient Protection and Affordable Care Act (ACA) was signed into law. Subsequently, the District of Columbia enacted the *Reasonable Health Insurance Ratemaking Reform Act of 2010*<sup>1</sup>, effective from April 1, 2011 to expand the authority of the Commissioner of the Department of Insurance, Securities and Banking (DISB) alongside the Health Benefit Exchange Authority to review and approve health insurance premium rates. The law also included new consumer protections to prohibit discrimination in the underwriting and rate setting process and establish medical loss ratio (MLR) standards.

Alongside the ACA's goals of better state regulation of health insurance, a key provision of the ACA required all states to participate in an American Health Benefit Exchange as of January 1, 2014. The District of Columbia declared its intention to establish a state-based health benefit exchange in 2011 with the introduction and enactment of the *Health Benefit Exchange Authority Establishment Act of 2011*, (Establishment Act) effective March 3, 2012.<sup>2</sup>

The Establishment Act established the following core responsibilities for the Exchange:

- (1) Enable individuals and small employers to find affordable and easier-to-understand health insurance;
- (2) Facilitate the purchase and sale of qualified health plans;
- (3) Assist small employers in facilitating the enrollment of their employees in qualified health plans;
- (4) Reduce the number of uninsured;
- (5) Provide a transparent marketplace for health benefit plans;
- (6) Educate consumers; and
- (7) Assist individuals and groups to access programs, premium assistance tax credits, and cost-sharing reductions.<sup>3</sup>

The DC Health Benefit Exchange Authority (HBX) is responsible for the development and operation of all core Exchange functions including the following:

Certification of Qualified Health Plans (QHPs) and Qualified Dental Plans (QDPs)

<sup>&</sup>lt;sup>1</sup> 58 D.C. Reg. 896 (May 13, 2011).

<sup>&</sup>lt;sup>2</sup> 59 D.C. REG. 213 (Mar. 23, 2012).

<sup>&</sup>lt;sup>3</sup> *Id*.

- Operation of a Small Business Health Options Program (SHOP)
- Consumer support for making coverage decisions
- Eligibility determinations for individuals and families
- Enrollment in QHPs and QDPs
- Contracting with certified carriers
- Determination for exemptions from the individual mandate

The Health Benefit Exchange Authority Establishment Act of 2011 allows the Executive Board of HBX (the Executive Board) to adopt rules and policies. The adoption of rules and policies enables HBX to meet federal and District requirements and provides health carriers with information necessary to design and develop qualified health plans and qualified dental plans. This manual and appendices document the rules and policies that have been adopted by the Executive Board to guide health and dental carriers offering coverage through DC Health Link in plan year 2020. Health and dental carriers offering coverage in the individual and/or small group markets are subject to these rules and policies, as well as all applicable federal and District laws. The standards in this manual do not apply to health insurance coverage considered to be a grandfathered health plan as defined in section 1251 of the ACA.

#### **II. Carrier Participation**

The DC Health Link is open to all health and dental carriers and qualified health and dental plans that meet the requirements set forth in section 1301 of the ACA and by HBX. HBX will contract with any licensed health carrier ("carrier") that offers a health insurance plan that meets minimum requirements for certification as a qualified health plan (QHP) under federal and District law and exchange requirements. Licensed health carriers include an accident and sickness insurance company, a health maintenance organization (HMO), a hospital and medical services corporation, a non-profit health service plan, a dental plan organization, a multistate plan, or any other entity providing a qualified health benefit plan.

HBX will also contract with any licensed dental carrier that offers a stand-alone dental plan for the individual market that meets minimum requirements for certification as a qualified dental plan (QDP) under federal and District law and exchange requirements.

#### **III. Essential Health Benefits**

Pursuant to U.S. Department of Health and Human Services (HHS) rules requiring the adoption of a new benchmark for plan year 2017, the District designated the Group Hospitalization and Medical Services, Inc. (CareFirst) BluePreferred PPO \$1,000-100%/80% as the base-benchmark plan. The benchmark plan remains the same for plan year 2020.

Pediatric vision and dental benefits in the Federal Employees Dental and Vision Insurance Program (FEDVIP) with the largest national enrollment have been defined as the pediatric vision and pediatric dental essential health benefits.

Habilitative services have been defined as services that help a person keep, learn, or improve skills, and functioning for daily living, including, but not limited to, applied behavioral analysis for the treatment of autism spectrum disorder.

The following resources provide more detail on the District's benchmark plan:

- 1. <u>District-required Benefits</u>
- 2. EHB Benchmark Plan Information

The drug formulary of each carrier offering a QHP must include the greater of:

- 1. One drug in each category and class of the United States Pharmacopoeial Convention (USP), or
- 2. The number of drugs in each USP class and category in the Essential Health Benefits package.<sup>4</sup>

Further guidance on the EHB benchmark package, including an itemized list of required benefits, can be found on DISB's website: <a href="http://disb.dc.gov">http://disb.dc.gov</a>, or by <a href="clicking here">clicking here</a>.

<sup>&</sup>lt;sup>4</sup> "Patient Protection and Affordable Care Act; Standards Related to Essential Health Benefits, Actuarial Value, and Accreditation," 78 FED. REG. 12834, 12845-12846 (Feb. 25, 2013).

#### IV. Network Adequacy

A carrier is required to submit the Center for Consumer Information & Insurance Oversight (CCIIO) Federal Network Template and the CCIIO Network Adequacy Template to DISB when the carrier files QHPs for approval.

A carrier must submit provider data at regular intervals and in an agreed-to format for use to populate DC Health Link's single provider directory search tool.

Pursuant to federal requirements, each carrier must make its provider directory for a QHP available on its website. It must also make the directory available to DC Health Link for publication online and to enrollees or potential enrollees in hard copy upon request. The QHP provider directory must provide an up-to-date listing of providers and clearly designate providers that are not accepting new patients.

Carriers must prominently post a phone number or email address on their online and print provider directories (not necessarily a dedicated phone number or email address) for consumers to report inaccurate provider directory information. Carriers will be required, within 30 days, to validate reports that directories are inaccurate or incomplete and, when appropriate, to correct the provider information. The carrier will be required to maintain a log of consumer reported provider directory complaints that would be accessible to DISB or HBX upon request.

Carriers are required to take steps to maintain a high level of accuracy in their provider directories. Annually, a carrier is required to take at least one of the following steps and report such steps to DISB:

- 1. Perform regular audits reviewing provider directory information.
- 2. Validate provider information where a provider has not filed a claim with a carrier in two years (or a shorter period of time).
- 3. Take other innovative and effective actions approved by DISB to maintain accurate provider directories. For example, an innovative and effective action is validating provider information based on provider demographic factors such as an age where retirement is likely.

Although DISB published a <u>proposed rulemaking</u> 11/21/2018 under Chapter 26-A47 - HEALTH BENEFIT PLAN NETWORK ACCESS AND ADEQUACY - in the District of Columbia Register, as of the date of the CRM publication the rules have not been finalized. Therefore,

these rules will not be implemented for the 2020 plan year. Carriers are encouraged, however, to review the proposed rulemaking to prepare as they develop networks and future filings.

#### V. Nondiscrimination

Carriers must comply with all federal and District nondiscrimination requirements. Carriers must submit to HBX a copy of the insurance contract also known as a certificate of coverage/evidence of coverage for each certified qualified health plan. Submission to HBX must be consistent with the timing requirements under federal law for required disclosure.

#### VI. Standard Plans

In the individual marketplace, carriers are required to offer one standard QHP plan for each metal level of QHPs it offers, except for bronze, which has one "regular" standard plan and one HSA-compatible standard plan. Standard plan information for 2020 can be found <a href="here">here</a>.

If a benefit is not listed on the standard plan template, carriers must follow the DC Benchmark Plan for non-listed benefits. In this context, "carrier" means each licensed entity with its own NAIC Company Code.

#### VII. Rating Rules and Rate Review

#### A. Merged Risk Pool

The individual and small group market shall be merged into a single risk pool for rating purposes in the District.<sup>5</sup> The index rate must be developed by pooling individual and small group market experience at the licensed entity level. The merged risk pool does not change how carriers may choose to offer plans in the individual or small group markets. For federal reporting

<sup>&</sup>lt;sup>5</sup> 45 C.F.R. § 156.80(c), D.C. CODE § 31-3311.03b(c).

purposes, carriers shall use unmerged market standards.<sup>6</sup> Limited exceptions to the merged risk pool include student health plans and grandfathered health plans.<sup>7</sup> Catastrophic plans must be developed by making plan-level adjustments to the index rate.<sup>8</sup>

The index rate for federal reporting must be the same for individual and small group markets. Carriers should merge claims experience for the individual and small group markets into a single risk pool in order to calculate this single index rate prior to applying separate modifiers for risk adjustment. Carriers should then apply the separate modifiers and, therefore, create separate "market-adjusted index rates" for individual and small group markets, i.e., the market-level adjustments made to the index rate to produce the market adjusted index rate, and the plan-level adjustments that are applied to produce the plan adjusted index rates.

The District has been approved to use a hybrid approach to the merging of its markets which requires issuers to utilize a single risk pool of individual and small group claims in the development of the index rate; however, all other aspects of rate development are separate for each market. All assumptions used in producing the index rate, market adjusted index rate, plan adjusted index rates, and consumer-level premiums are reviewed by DISB for reasonableness and consistency with federal and District law.

For federal reporting purposes, medical loss ratios should also be calculated separately for each market.<sup>9</sup>

In addition, filing for the small group market can include a quarterly adjustment to the index rate as authorized by federal regulations. Rates may only be submitted once per year for both markets.

Carriers should follow the approach below for rate setting for QHPs in the merged risk pool:

<u>Step 1.</u> Determine the base period allowed cost PMPM by combining the small group and individual experience.

Step 2. Develop the Index Rate by projecting PMPM from the result of Step 1 and adjusting for the following items:

- (a) Trend (including cost, utilization, changes in provider mix, etc.)
- (b) Future population morbidity changes for the combined individual and small group markets (due to the impact of items such as guarantee issue, premium subsidies, impact of adjusted community rating, etc.)

<sup>&</sup>lt;sup>6</sup> "Patient Protection and Affordable Care Act; Health Insurance Market Rules; Rate Review," 78 FED. REG. 13406, 13423 (Feb. 27, 2013).

<sup>&</sup>lt;sup>7</sup> 45 C.F.R. § 156.80(e).

<sup>&</sup>lt;sup>8</sup> 45 C.F.R. § 156.80(d)(2)(v).

<sup>&</sup>lt;sup>9</sup> 45 C.F.R. § 158.220(a).

- c) Adding or removing benefits to arrive at the projected Essential Health Benefits (EHB) benchmark.
- Step 3. Apply modifiers to the index rate as described under section B below:
  - (a) Subtract/add expected individual risk adjustment receipts/payments to the index rate to use for individual insurance.
  - (b) Subtract/add expected small group risk adjustment receipts/payments to the index rate to use for small group insurance.

Step 4. Develop plan-specific rates from the results of Step 3 by adjusting for plan-specific modifiers.

#### B. Permissible Rating Factors

Rates may be adjusted for age and family composition. All other rate factors – including but not limited to gender, tobacco use, group size (small businesses), industry, health, and geographic rating within the District – are prohibited.

Before separating the experience into two separate lines of business (individual and small group), the following adjustment factors are allowed to arrive at the ACA EHB single risk pool of "allowed costs" (i.e. the index rate);

- An adjustment to remove non-EHB benefits that are included in the base period and/or manual experience
- An adjustment to include additional EHB's (including pediatric dental) which are not reflected in the base period experience
- A utilization adjustment (i.e. induced demand) to reflect differences between the average benefit utilization underlying the base period experience and the average benefit utilization underlying the projection period
- A demographic adjustment to reflect the average demographics anticipated in the projection period
- A product/network to reflect the average product/network mix in the projection period
- A morbidity adjustment to reflect the average morbidity anticipated in the projection period
- Trend to account for anticipated changes in provider contracts and utilization
- Pent up demand adjustment
- Other applicable carrier-specific adjustments

Please note that the result after application of the above adjustment factors is the combined/merged single risk pool (projected period) index rate prior to applying the separate modifiers for each separate (individual and small group) line of business.

After separating into two separate lines of business for individual and small group, the following market-level adjustment factors are allowed and must be applied equally to all plans:

 An adjustment for risk adjustment including anticipated risk transfer payments and the risk adjustment user fee and Exchange fee fixed cost adjustment

Five plan-level adjustments are then allowed by regulation and may vary for each plan, as actuarially supported:

- The impact of benefits and actuarial value, including an induced demand adjustment to account for differences between the average induced demand underlying the index rate and the anticipated induced demand of each plan
- Product/network adjustment
- Non-EHB items adjustment
- Administrative retention expenses
- Catastrophic adjustment factor (applied only to catastrophic plans)

The following calibration factors must then be applied:

- Average age calibration factor (based on the average age underlying the index rate)
- A calibration adjustment to account for a billable member limit of no more than three children under the age of 21 for qualified health plans.
- A calibration adjustment to account for a billable member limit of no more than four children under the age of 21 for stand-alone dental plans.

Carriers must use standardized age bands comprised of a single age band for children aged 0 to 20, one year age bands for adults 21 to 64, and a single age band for adults 64 and older. Age rating cannot vary by more than 3:1 between adults that are 21 and adults that are 64. HBX will use an age curve developed by DISB. See Appendix A for more information about the age rating curve.

#### C. Plans Using the AVC

The Plans & Benefits Template uses the Actuarial Value Calculator (AVC) to calculate Actuarial Values (AV) for all standard, non-catastrophic plans, all silver plan CSR variations, and all limited cost sharing plan variations. If AVs cannot be calculated,

the AV Calculator Output Number remains blank. If Unique Plan Design? equals "Yes" on the Benefits Package worksheet of the Plans & Benefits Template, the AV from the AVC is not used during validation; instead, the Issuer Actuarial Value entered by the carrier into the Cost Share Variances worksheet is used to validate that the plan's AV falls within the relevant de minimis range.

If the Cost Share Variance worksheet contains both unique plan designs and non-unique plan designs, the <a href="Check AV">Check AV</a>
Calculator procedure attempts to calculate an AV for the unique as well as the non-unique plan designs. If the stand-alone AVC returns an error for a unique plan design, resulting in a blank AV Calculator Output Number, the carrier does not need to address the error to validate the template; so long as the Issuer Actuarial Value falls within the relevant de minimis range for unique plan designs, the template validates. While not required, the Centers for Medicare & Medicaid Services (CMS) recommends that issuers run the <a href="Check AV Calculator">Check AV Calculator</a> procedure on Cost Share Variance worksheets that contain only unique plan designs so that the issuer's submission includes the AV Calculator Output Number for plans that do not generate an error in the stand-alone AVC.

Beginning with the 1/1/2018 plan year, a de minimis variation of -4/+2 percentage points is used for non-CSR, non-grandfathered individual and small group market plans required to comply with the AV; however, bronze plans are allowed a greater de minimis variation of -4/+5 percentage points, subject to certain requirements. <sup>10</sup> CSR silver plan variations use a +/-1 percentage point.

# Calculation of Employer Contribution for Health Reimbursement Arrangement (HRA) and Health Savings Account (HSA) Plans Offered in SHOP

The AVC also incorporates health savings accounts (HSAs) and health reimbursement arrangements (HRAs) that are integrated with group health plans if the

amount may only be used for cost sharing; to use this option the user must include an annual amount contributed by the employer or in the case of HRAs, the amount first made available (sometimes referred to in this document as "HRA contributions"). 11

<sup>&</sup>lt;sup>10</sup> 45 C.F.R. § 156.140(c).

<sup>&</sup>lt;sup>11</sup> "Revised Final 2018 Actuarial Value Calculator Methodology," published by CMS (Apr. 13, 2017)

#### D. Rate Development and Review

DISB will review all rates, including rates for DC Health Link products. DISB evaluates rates based on recent and future costs of medical care and prescription drugs, the company's financial strength, underwriting gains, and administrative costs. DISB also considers the company's overall profitability, investment income, surplus, and public comments. Companies must show that the requested rate is reasonable considering the plan's benefits, and overall rates must be projected to meet minimum medical loss ratio requirements. Health insurance rates must not be excessive, inadequate, or unfairly discriminatory. In addition, proposed rates must reflect risk adjustment, reinsurance, and risk corridors. If the company's data does not fully support a requested rate, DISB will ask for more information, approve a lesser rate, or reject the requested rate increase.

HBX will have a carrier's rate and form filings as filed with DISB. Carriers are required to respond to requests for additional information from consulting actuaries for HBX. Consulting actuarial review of the primary assumptions in carrier rate filings and any actuarial reports will be published on an Authority webpage. Published reports will not contain confidential information provided by carriers.

HBX will not negotiate rates with carriers. Each QHP offered through DC Health Link must have a prior approved rate by DISB.

DISB shall, after the May 27, 2019 due date, make all rate filings, including all supporting documentation, amended filings, and reports, available for public inspection on its website. DISB will consider comments received on any rate filings during the review of the rates.

Any new entrants to DC Health Link will be afforded some flexibility in Authority submission deadlines.

#### E. Dental-Specific Rating Rules

Dental carriers are required to follow QHP rating rules, including the filing of age-based rates utilizing the Federal Rate Data Table template.

QHPs with an embedded EHB pediatric dental benefit must have a separate deductible for that pediatric dental benefit. 12 The maximum deductible in embedded pediatric dental plans shall be \$50/\$100 (individual in & out-of-network) and \$100/\$200 (family in & out-of-network). 13 This requirement does not apply to catastrophic plans or HSA-compatible plans.

# VIII. Summary of Benefits and Coverage (SBC) / Benefit Summaries and Evidence of Coverage (EOC) Guidelines

HBX requires carriers to use the standard federal format for SBCs submitted by QHPs and carrier-specific Benefit Summaries for QDPs. HBX further requires that all QHPs provide Evidence of Coverage Certificates (EOCs) to be submitted at the time of SBC submissions.

#### A. Format and File Name Conventions

Prior to submission to HBX, SBCs (QHP) and Benefit Summaries (QDP) must be created and saved in the PDF file format (.pdf). In addition to the PDF file format, the carrier must establish an accurate plan-specific unique URL for summary of benefits/benefit brochures and evidence of coverage certificates. The URL for the SBC/Benefit Brochures must be correctly loaded on the plan and benefit template, and URL's to the EOC's must be provided to the Health Benefit Exchange Authority's plan management team via the supplemental URL tracking forms Found in appendix I.

SBC and Benefit Summary plan names must be identical to the QHP and QDP marketing name, and SBC/Benefit Brochures (.pdf) file name must be identical to the QHP or QDP marketing name.

#### **Examples of Correct Naming Conventions for SBC (only) PDF files**

#### 1. SHOP

Marketing name: Carrier PPO Bronze 6500 SBC Title name: Carrier PPO Bronze 6500

SBC File name (inbound to HBX): Carrier PPO Bronze 6500 SHOP.pdf

<sup>&</sup>lt;sup>12</sup> Resolution to Determine a Separate Deductible for Pediatric Dental Benefits (May 14, 2014).

<sup>&</sup>lt;sup>13</sup> Resolution to Adopt a Recommendation Regarding Separate Deductible for Pediatric Dental Benefits Offered in QHPs (Nov. 12, 2014).

#### 2. <u>Individual Marketplace</u>

Marketing name: Carrier POS Silver 2500 SBC Title name: Carrier POS Silver 2500

SBC File name (inbound to HBX): Carrier\_POSSilver2500\_50CSR\_IVL.pdf carrier\_POSSilver2500\_75CSR\_IVL.pdf,

Carrier\_POSSilver2500\_0CSR\_IVL.pdf

Note: Please **DO NOT** use special characters (e.g. \*, #) in the SBC file extension. The only acceptable special character is an underscore (\_).

#### B. Deadlines for Submission

The deadline for SBCs/Benefit Summaries and Evidence of Coverage Certificates is **August 16, 2019**, and will be loaded into DC Health Link by HBX's Plan Management staff in advance of scheduled carrier plan and rate benefit testing.

#### IX. Carrier Submission Process for Qualified Health Plans

HBX, in coordination with DISB, has set forth the following timeline for QHP certification and re-certification for 2020:

There are two categories of forms that carriers must complete: (1) plan rate & form filings and (2) carrier certification. DISB and HBX will collaboratively review forms and rates to ensure that QHPs meet District of Columbia and federal exchange standards for rates and benefits. DISB and HBX will also collaboratively review carrier certification submissions on behalf of DC Health Link.

For plan year 2020, federal template submissions will not be required until the conclusion of the plan forms review by DISB and HBX. All required federal templates will be submitted through SERFF and passed to DC Health Link.

Plan Form and Rate Filing Deadline May 27, 2019

Federal Templates (Excluding rate data template) Filing Deadline August 2, 2019

QHP SBC and EOC Submission Deadline August 16, 2019

Final Rate Data Template September 11, 2019

#### A. QHP Rate, Form Filings, and Carrier Certification

**Form Filings:** All carriers must submit the following information to DISB via SERFF:

- 1. DISB Required Form Submissions See Appendix B
- 2. DISB Required Form Review Check List See Appendix C
- 3. Prescription Guide Template See Appendix C

<u>Carrier Certification:</u> All carriers must submit the following information to the Authority via SERFF:

- 1. DC HBX Exchange Issuer Attestations: Statement of Detailed Attestation Responses
- 2. Quality Improvement Plan Existing Carrier Quality Improvement Plan
- 3. Quality Improvement Strategy

**Rate Filings:** All carriers must submit the following information to DISB via SERFF:

- 1. <u>Federal Uniform Rate Review Template</u> Data for market-wide review.
- 2. DISB Actuarial Value Input Template Collects plan actuarial value data (available on SERFF).
- 3. DISB Rate Requirements See Appendix C.

#### B. QHP Data for DC Health Link

Each carrier must submit the following <u>federal QHP templates</u> through SERFF for certification to offer QHPs through DC Health Link:

- 1. <u>Essential Community Providers (ECP) / Network Adequacy Template</u> Collects identifying information for Essential Community Providers and detailed provider network information.
- 2. <u>Plans & Benefits Template</u> Collects plan and benefit data for medical and dental; basis of plan display in DC Health Link.
- 3. <u>Prescription Drug Template</u> Collects formulary data for plans.
- 4. Network ID Template Information identifying a plan's provider network.
- 5. Rate Data Template Rating tables; basis of premium display in DC Health Link.

- 6. Business Rules Template Supporting carrier business rules.
- 7. Plan Crosswalk Template
- 8. Service Area Template
- 9. A screenshot of your Data Integrity Tool (DIT) results. A carrier must provide justification for each error shown in its DIT results.
- 10. The results of running the following CCIIO review tools. Please note that carriers must attach the entire Excel workbook showing their results.
  - a. Plan ID Crosswalk Tool
  - b. Essential Community Providers (ECP) Tool
  - c. Cost Sharing Tool
  - d. Category & Class Drug Count Tool
  - e. Non-Discrimination Clinical Appropriateness Review Tool

All federal templates listed above must be submitted to HBX via SERFF according to the timeline outlined at the beginning of this section. Failure to meet deadlines can impact the time allotted to carriers to test plan, benefit, and rate display in DC Health Link.

#### C. Contracting

The ACA requires exchanges to have contracts with carriers offering QHPs. Consequently, carriers that offer coverage through DC Health Link will be required to enter into a contract with HBX. A standard contract will be used. HBX does not intend to negotiate contract terms with each carrier individually. When applicable, a draft standard contract will be provided and there will be a 15-day period for feedback from carriers. The terms and conditions of the contract will include requirements for carriers to comply with federal and District laws and regulations, and HBX rules and policies.

#### D. Trading Partner Agreement

Any health carrier that has not offered plans/products on DC Health Link for the first time in plan year 2019 must sign and submit the DC Health Benefit Exchange Authority Trading Partner Agreement (TPA) in order to begin technical on-boarding, electronic data interchange (EDI) connectivity, and scenario testing.

#### X. Carrier Submission Process for Qualified Dental Plans

The process for QDP submissions is similar to the process for QHPs.

HBX, in coordination with DISB, has set forth the following timeline for QDP renewal, recertification, and any new plan offerings for 2020:

Plan Form and Rate Filing Deadline May 1, 2019

Federal Template (excluding rate data template) Filing Deadline August 2, 2019

**QDP Benefit Summary Submission Deadline August 16, 2019** 

Final Rate Data Template Submission Deadline August 14, 2019

#### A. QDP Rate, Form Filings, and Carrier Certification

**Form and Rate Filings:** All carriers must submit the following information to DISB via SERFF:

DISB Required Dental Plan Form and Rate Submissions

<u>Carrier Certification:</u> All carriers must submit the following information to HBX via SERFF:

DC HBX Exchange Issuer Attestations: Statement of Detailed Attestation Responses

#### B. QDP Data for DC Health Link

All dental carriers must submit the following <u>federal templates</u> through SERFF for certification to offer QDPs on the DC Health Link insurance marketplace:

- 1. <u>Network ID Template</u> Information identifying a plan's provider network.
- 2. <u>Plans & Benefits Template</u> Collects plan and benefit data for medical and dental; basis of plan display in DC Health Link.
- 3. Rate Data Template Rating tables; basis of premium display in DC Health Link.
- 4. <u>Business Rules Template</u> Supporting carrier business rules.
- 5. Plan Crosswalk Template
- 6. Supplementary Dental Benefits Information Template (located in Appendix K)
- 7. The results of running CCIIO's Stand-alone Dental Plan (SADP) ECP Tool. Carriers must submit the entire Excel workbook showing their results.

Like QHPs, all Federal and District templates listed above must be submitted to HBX via SERFF according to the schedule listed at the beginning of this section. Failure to meet this deadline can impact the time allotted to carriers to test plan, benefit, and rate display in the DC Health Link system.

#### C. Contracting

The ACA requires exchanges to have contracts with carriers offering QDPs. Consequently, carriers that offer coverage through the DC Health Link will be required to enter into a contract with HBX. A standard contract will be used. HBX does not intend to negotiate contract terms with each carrier individually. When applicable, a draft standard contract will be provided and there will be a 15-day period for feedback from carriers. The terms and conditions of the contract will include requirements for health carriers to comply with federal and District laws and regulations, and HBX rules and policies.

#### D. Trading Partner Agreement

Any dental carrier that has not offered plans/products on DC Health Link for the first time in plan year 2019 must sign and submit the DC Health Benefit Exchange Authority Trading Partner Agreement in order to begin technical on-boarding, electronic data interchange connectivity, and scenario testing.

#### **XI. Additional Information and Requirements**

#### A. Transparency

The ACA requires that all health plans and health insurance policies provide enrollees and applicants with a uniform summary of benefits and coverage (SBC). The SBC provides consumers consistent information about what health plans cover and what limits, exclusions, and cost-sharing apply. It must be written in plain language. The SBC must include three illustrations of typical patient out-of-pocket costs for common medical events: routine maternity care, management of type 2 diabetes, and a simple fracture. Carriers must provide the SBC as part of the QHP certification process for participation in DC Health Link. An SBC template and sample completed SBCs are posted at <a href="http://cciio.cms.gov">http://cciio.cms.gov</a>.

Federal regulations implementing the ACA require carriers to make available the amount of enrollee cost-sharing under the individual's plan or coverage with respect to the furnishing of a specific item or service by a participating provider in a timely manner upon the request of the individual.<sup>14</sup> At a minimum, such information must be made available to individuals through a website and through other convenient means for individuals without access to the Internet.

Carriers also must disclose other information that would help consumers understand how reliably each QHP reimburses claims for covered services, whether the provider network is adequate to assure access to covered services, and other practical information. The required information must be provided to HBX, HHS, and DISB in plain language that the intended audience, including individuals with limited English proficiency, can readily understand and use. HBX will make accurate and timely disclosure to the public of the following information:

- Claims payment policies and practices
- Financial disclosures
- Information on enrollee rights
- Data on rating practices
- Data on enrollment/disenrollment
- Data on number of claims that are denied
  - Information on cost-sharing and payments with respect to out-of- network coverage

<sup>&</sup>lt;sup>14</sup> 45 C.F.R. § 156.220(d).

<sup>&</sup>lt;sup>15</sup> 45 C.F.R. § 156.220(a).

Upon request of an individual, information on cost-sharing with respect to a specific item/service

#### B. Quality Data

The ACA requires carriers to implement quality improvement strategies, enhance patient safety, case management, chronic disease management, readmission prevention, wellness and health promotion activities, activities to reduce healthcare disparities, and publicly report quality data for each of their QHPs. HHS has indicated that they are working on measuring the quality of qualified health plans by:

- (1) Developing and testing a quality reporting system;
- (2) Developing a quality improvement strategy;
- (3) Implementing a consumer experience survey; and
- (4) Requiring carriers to work with patient safety organizations.

In accordance with 45 C.F.R. § 156.275, HBX will accept carrier accreditation based on local performance of its QHPs by the three accrediting agencies currently recognized by HHS: the National Committee for Quality Assurance (NCQA), the Accreditation Association for Ambulatory Health Care (AAAHC) and URAC. Carriers that are not accredited at this time will be provided a grace period for accreditation, pursuant to 45 C.F.R. § 155.1045.

Carriers are required to attest to meeting the federal quality standards. HBX will continue to collect information from carriers on their existing quality improvement plans (QIPs). Carrier-submitted QIPs are posted for public review on DC Health Link, <a href="https://dchealthlink.com/individuals/plan-info/health-plans">https://dchealthlink.com/individuals/plan-info/health-plans</a>). HBX will continue to coordinate with public and private payers and other stakeholders to update QIP requirements and public reporting thereof based on stakeholder input, continuing federal guidance, and the District's public health priorities.

#### C. Marketing Guidelines

Carriers must comply with all applicable federal and District laws and regulations governing marketing of health benefit plans. Carriers must not employ marketing practices or benefit designs that will have the effect of discouraging the enrollment of individuals with significant health needs in QHPs.

#### D. Enrollment

Carriers must abide by enrollment periods established by HBX and coverage effective dates consistent with District and federal laws and regulations. Carriers shall process enrollment in accordance with standards set forth in 45 C.F.R. § 156.265, applicable District laws and regulations, and eligibility information supplied by HBX. Carriers shall be responsible for notifying enrollees of their coverage effective dates in accordance with 45 C.F.R. § 156.260. Carriers must provide each new enrollee with an enrollment information package that is written in plain language, is accessible, and is in compliance with the requirements of 45 C.F.R. § 155.220.

As required by 45 C.F.R. § 155.400, HBX will accept QHP selections from applicants eligible for enrollment, notify carriers of QHP selections, and transmit necessary eligibility and enrollment information promptly to carriers and to HHS. Accordingly, on a monthly basis, carriers are required to acknowledge the receipt of enrollment information and to reconcile such information with HBX and HHS. Carriers must assist HBX in its obligation to produce timely and accurate annual federal tax forms and to report IRS-related data on a monthly basis.

Carriers and HBX will observe the federal requirements for initial, annual, and special open enrollment periods established by HHS in 45 C.F.R. § 155.420. Special enrollment periods must be provided for qualified individuals experiencing certain triggering events.

Individuals generally will have 60 days from the triggering event to modify their QHP selection.

#### E. QHP Certification

Pursuant to 45 C.F.R. § 1080, HBX may decertify any QHP that fails to meet the required certification standards or the requirements for recertification.

#### F. DC Health Link Decision Support Tools

HBX offers consumers access to a variety of decision support tools that are hosted and maintained by Consumer's Checkbook/Center for the Study of Services ("Checkbook"). For more than 40 years, Checkbook, an independent non-profit consumer organization, has been a leading innovator in providing information to help consumers make well-informed choices. These tools include "Plan Match"—which incorporates an

out-of-pocket cost estimator, a prescription drug look-up tool, and a doctor search tool—and an all-plan doctor directory. The tools are available in both English and Spanish.

It's now easier than ever for HBX consumers to use Plan Match. Following the rollout of API integration, both Individual market and small business consumers who have logged into their DC Health Link accounts can now shop with their personal household information and coverage effective dates pre-populated in Plan Match. SHOP enrollees will also have their employer's reference plan and contribution levels pre-populated in the tool. Once users select the health plan that's right for them, they will be able complete enrollment. This new enhancement should improve the shopping experience by streamlining the Plan Match and enrollment process.

#### Plan Match Tool

HBX provides consumers with a Plan Match tool to help them compare available health plans. Consumers use Plan Match to compare plans on estimates of total cost (premium & actuarial out of pocket estimates), provider participation, coverage of prescription drugs, plan benefits, QRS quality ratings, and more. The tool is available to both Individual Market and Small Business Market consumers.

The Plan Match tool allows consumers to see key comparisons of available health plans in a single interface. The tool displays QHPs available to consumers and reflects known or estimated financial assistance to consumers (e.g., Advanced Premium Tax Credits, Cost Sharing Reduction plan variants, Employer Premium Contribution).

The primary sources of plan data for the Plan Match tool are the SERFF/CCIIO template data submitted by the carriers to HBX. The provider participation data is submitted by the carriers to Checkbook via Checkbook's data aggregation partner, Zelis (formerly Strenuus).

In 2018, HBX launched a new Plan Match tool that gives Individual & Family market consumers the ability to compare dental insurance plans. This feature currently allows the comparison of dental plan benefits for adults age 19 or older since all health insurance plans offered through DC Health Link include dental coverage for children age 18 and younger.

\*\*\*QHP Formulary Updates: Checkbook uses the SERFF/CCIIO Prescription Drug template data to populate the formulary component of Plan Match. Carriers have the option to submit updated formulary data files to Checkbook after the initial SERFF/CCIIO filings. Checkbook will refresh formulary data with any newly submitted carrier data on a monthly basis. Updated formulary data files must be submitted in the SERFF/CCIIO format, or in the CMS Machine Readable Drugs.json format.

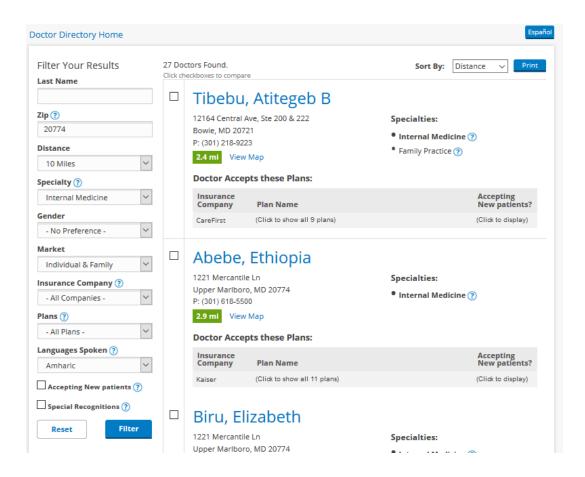
#### **All-Plan Doctor Directory**

HBX also provides consumers with an all-plan doctor directory tool to help them understand which doctors are in-network in the different plans being offered through the exchange. Consumers use this tool both to compare doctor participation across plans and to find in-network doctors for the plan in which they have enrolled.

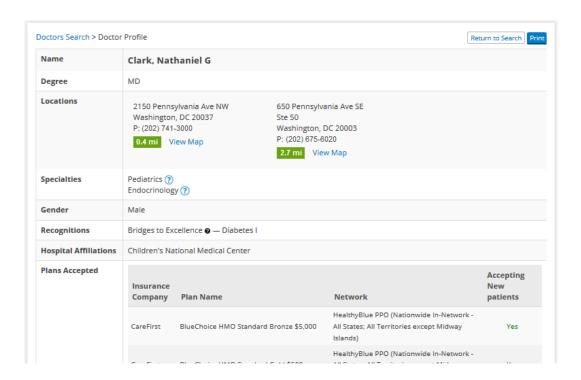
The doctor directory, which Checkbook maintains in collaboration with their data aggregation partner Zelis, allows consumers to see the plans in which their doctors participate in a single interface. The doctor directory tool only includes networks and QHPs available through the DC Health Link exchange, which simplifies the look-up process for consumers.

Consumers are able to see details about individual doctors, including practice addresses & office phone numbers, specialties (along with easy to understand specialty descriptions), hospital affiliations, whether the doctor is accepting new patients, and if the doctors have received special recognitions, including the Bridges to Excellence clinical recognitions programs.

Example of Doctor Directory search results:



#### Provider detail page:



The primary sources of data for the doctor directory are data submitted by the carriers to Checkbook (via Zelis). The monthly data update process is described below:

- 1. Carriers submit their provider data to Zelis on a regular basis (the target is for each carrier to provide updated data monthly; some provide more frequent updates, some provider less frequent updates). Note, for several of the DC Carriers, the data that Zelis receives is provided via data feeds from the carrier's national office.
- 2. On a monthly basis:
  - a. Zelis submits to Checkbook the aggregated doctor information (with plan participation based on the most up-to-date data Zelis has received from each carrier).

- b. Checkbook performs additional validation of doctor data on the updated data set, using sources such as the NPI dataset.
- c. Checkbook then pushes the refreshed doctor data in the DC Health Link all-plan doctor directory.

For questions regarding the logistics of submitting provider data, Plan Match, or how to submit updated formulary data, please contact Andy Duff (<a href="mailto:aduff@cssresearch.org">aduff@cssresearch.org</a>) and copy HBX'SPlan Management team at <a href="mailto:carrier.hbxinquiries@dc.gov">carrier.hbxinquiries@dc.gov</a> and the Health Benefit Exchange Authority Plan Management Deputy Assistant Director Luis Vasquez (<a href="mailto:Luis.Vasquez3@dc.gov">Luis.Vasquez3@dc.gov</a>).

#### G. QHP Decertification Guidance

Federal requirements under 45 CFR §155.1080(b) require that Exchanges establish a process for the decertification of QHPs. Since 2013, the DC Health Benefit Exchange Authority's (HBX) decertification process has leveraged the existing mechanism for suspending a carrier's authority to operate in the District. In November 2016, the Plan Management Advisory Committee met to discuss the decertification of plans and HBX reiterated reliance on the District of Columbia's Department of Insurance, Securities and Banking's (DISB) certification process to meet federal requirements. This update memorializes such practice.

District of Columbia (DC) law provides one marketplace for individual and small business coverage. (DC Code § 31–3171.09a). All individual, family, and small business policies in DC must be purchased through the individual or small business marketplaces available through DC Health Link. Certification or decertification to offer coverage through DC Health Link is concurrent with the process for being certified to offer coverage under DC law. As such, DISB participates in the certification process of plans, checking that they meet the requirements to offer coverage under DC law and the certification requirements under 45 CFR §155.1000. Thus, if an issue were to arise that could lead to the removal of a health plan from the marketplace, specifically that a plan no longer met certification requirements, DISB could make that determination and administer the decertification process. The authority to be removed from the DC market pre-existed the ACA and can be found at D.C. Code §31-4305 (revocation and appeal language for life insurance) and §31-5111 (applying §31-4305 to health insurance).

#### H. RX Template Quarterly Updates Requirements

In order to maintain the highest level of data integrity within our decision support tool known as "Plan Match" powered by Consumers' CHECKBOOK, beginning January 1, 2018, HBX will require all QHP carriers to update their Prescription Drug Templates in SERFF throughout the year when making any changes to the information provided in the Prescription Drug Templates submitted at certification. The changes include but are not limited to the following:

• Removal of covered drugs;

- · Addition of covered drugs;
- Placement of a covered drug into a higher cost-sharing tier; and
- Addition of any new requirements for prior authorization, step therapy, or other limitations.

The intent of this document is not to limit how often carriers make changes to a formulary, but to streamline the process by which those updates flow from the carrier database to the DC Health Link database. All changes should continue to be submitted via SERFF. If a carrier determines that its binders are closed in SERFF at the time of submission, a formal request should be sent to Howard Liebers (Howard Liebers@dc.gov) and cc: the HBX Plan Management team (carrier.hbxinquiries@dc.gov). The formal request to reopen a binder for submission should be made on company letterhead and describe the changes to the template.

#### I. Post-Certification Template Changes

HBX is clarifying the process for carriers to request changes to their benefit offerings after a plan has been certified. Please note that post-certification changes that reduce benefits are discouraged and HBX will work with DISB and carriers to ensure that customers are not adversely affected by any such changes that may be approved.

Effective immediately, carriers wishing to make changes to benefits included in certified plans must adhere to the following process to request a change.

- 1. Notify HBX's Plan Management team and DISB via an email sent to <a href="mailto:carrier.hbxinquiries@dc.gov">carrier.hbxinquiries@dc.gov</a> and <a href="mailto:Howard.Liebers@dc.gov">Howard.Liebers@dc.gov</a> to provide details of the requested change.
- 2. Provide to HBX and DISB the plan name, HIOS ID, and impacted document(s).
- 3. Provide to HBX and DISB the benefit as filed originally and the requested change.
- 4. Provide the number of plans and customers affected by the requested change. "Customers" includes policy holders and dependents, as well as the number of groups if small group plans are affected.

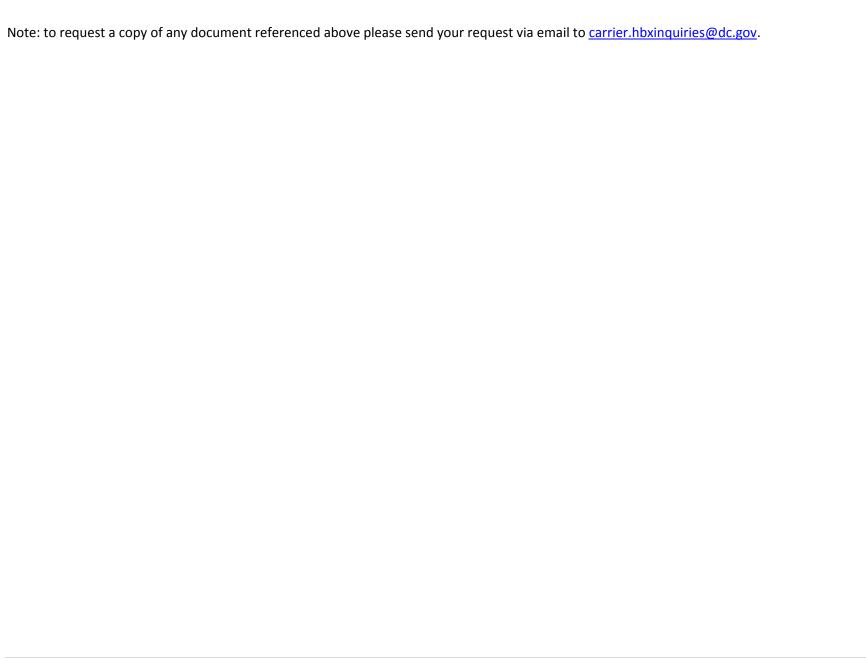
Upon receipt, the HBX's plan management staff will review the online plan details display to determine visibility impact of the requested change. If, after initial review, it is determined the requested change in benefit is visible in the plan detail page, the carrier must also provide a copy of the notice it will send to impacted enrollees. Once all documentation has been reviewed, HBX will consult with the DISB on the requested benefit change and will notify the carrier of DISB's decision.

For all approved changes, the carrier must upload the corrected document(s) into SERFF and conduct rate and benefit testing in the impacted systems. Upon release into production, the carrier must also issue notice to affected customers.

#### J. Operational Blast Summary

Blast Doc. No.	Issue Date	Title	Summary	
2015.0001	3-Jun-15	QHP Terminations	Establishment of minimal voluntary termination guidelines and processes in the SHOP and Individual Markets	
2015.0002	11-Jun-15	Small Group Market (SHOP) Conversion Process Timeline	SHOP Conversion process timeline (original)	
2015.0003	12-Jun-15	Individual Market Renewal Timeline	2015 Renewal Certification Timeline	
2015.0004	22-Jun-15	Religious Accommodations	DC Health Link Operational Process on Groups Requesting Religious Accommodations	
2015.0005	22-Jul-15	SHOP Conversion	SHOP Conversion Operational Plan (Original)	
2015.0006	6-Aug-15	SHOP Conversion #2	SHOP Conversion Operational Plan (Amended)	
2015.0007	6-Aug-15	Stand Alone SHOP Dental OnBoarding Timeline	Document submission requirements for all approved dental carriers requesting to sell stand-alone dental plans on the DC Health Link platform.	
2016.0007	13-Apr-16	Guidance for Individual Market Payment	Binder Payment operational policy for the individual market	
2016.0008	5-Jul-16	Adult Dependents Aging Off a Policy	Operational Policy for dependent Age-Offs	
2016.0008 (Amendment)	30-Aug-16	Adult Dependents Aging Off a Policy (Amendment)	Operational Policy for dependent Age-Offs Amendments	
2016.0009	1-Jul-16	Eligibility of District Resident Temporarily Absent from DC Health Link Service Area	Establishment of eligibility for residents whom are temporary displaced from residency inside the District of Columbia service area or city geographical borders.	
2016.0010	1-Jun-17	Guidance for Carriers on SHOP Groups Qualifying for Religious Objection Accommodation	Operational process for small market employers that qualify for religious exemption/accommodation health plans.	

2017.0001	1-Mar-17	31 Day Claims Grace Period (SHOP)	Operational policy for implementation of the 31 day claims grace period on SHOP non-pay terminations	
2017.0002	1-Jun-17	Establishment of the Carrier Member Level Reports	Operational Policy and Process on member level reports required by all carrier partners	
2017.0003	29-Aug-17	IVL Voluntary Enrollee- Initiated Terminations	Operational policy and process around voluntary terminations in the individual market, prospectively and retroactively.	
2017.0004	21-Jul-17	Prescription Drug Template Update Requirement	Operational requirement and process for carriers to submit quarterly updated Rx formulary templates (included in manual)	
2017.0005	7-May-18	SHOP Voluntary Termination Policy	Establishment of the operational policy for SHOP Consumers to termination of employer sponsored coverage on DC Healt Link	
2017.0006	21-Jul-17	Employer FEIN Changes vs. Correction Operational Policy	Establishment of the operational process around SHOP Employer EIN changes and corrections.	
2017.0007	28-Sep-17	Decertification of Qualified Health Plans	Establishment of the Decertification Process Qualified Health Plans (included in manual)	
2017.0008	7-May-18	Anti-Duplication and Medicare Eligibility	Guidance on anti duplication and Medicare eligibile enrollees	
2018.0001	20-Apr-18	Adjustment to SHOP Proration Calculation Formula	Operational process on calculating premiums in the SHOP market for coverages that are not equal to 30 days.	
2018.0002	27-Apr-18	Cessation of Invoicing for the SHOP Market	Operational process to establish invoice cessation after SHOP employers have passed the eligibility window for reinstatement	
2018.0003	20-Apr-18	Pediatric Dental Deductible Indicator on the Plan and Benefit Template (Individual and SHOP)	Operational process for carriers to highlight the required separate pediatric deductible for all Qualified Health and Dental Plans.	
2018.0004	18-Apr-18	Carrier Changes to Benefits Following Plan Certification (Individual and SHOP markets)	Establishment of processes for carriers to make changes to filed documents post certification (included in manual)	



# Appendix A

District of Columbia Age Factors and Rating Curve

# **District of Columbia Age Factors and Rating Curve**

Age	DC Age Factors	DISB Age Curve- 3:1 Ratio Required	Premium Ratio
0-20	0.654		
21	0.727	1.000	1.000
22	0.727	1.000	1.000
23	0.727	1.000	1.000
24	0.727	1.000	1.000
25	0.727	1.000	1.000
26	0.727	1.000	1.000
27	0.727	1.000	1.000
28	0.744	1.023	1.023
29	0.760	1.045	1.022
30	0.779	1.072	1.025
31	0.799	1.099	1.026
32	0.817	1.124	1.023
33	0.836	1.150	1.023
34	0.856	1.177	1.024
35	0.876	1.205	1.023
36	0.896	1.232	1.023
37	0.916	1.260	1.022
38	0.927	1.275	1.012
39	0.938	1.290	1.012
40	0.975	1.341	1.039
41	1.013	1.393	1.040
42	1.053	1.448	1.039
43	1.094	1.505	1.039
44	1.137	1.564	1.039
45	1.181	1.624	1.039
46	1.227	1.688	1.039
47	1.275	1.754	1.039
48	1.325	1.823	1.039
49	1.377	1.894	1.039
50	1.431	1.968	1.039
51	1.487	2.045	1.039
52	1.545	2.125	1.039
53	1.605	2.208	1.039
54	1.668	2.294	1.039
55	1.733	2.384	1.039
56	1.801	2.477	1.039

57	1.871	2.574	1.039
58	1.944	2.674	1.039
59	2.020	2.779	1.039
60	2.099	2.887	1.039
61	2.181	3.000	1.000
62	2.181	3.000	1.000
63	2.181	3.000	1.000
64+	2.181	3.000	1.000



DISB Health Insurance Rate & Form Filing Requirements

### <u>Health Insurance Rate Filing Requirements – ACA-Compliant Plans</u>

The Government of the District of Columbia Department of Insurance, Securities and Banking (DISB), Actuarial Analysis Division, only accepts Health rate filings via the National Association of Insurance Commissioner's (NAIC) System for Electronic Rate and For Filings (SERFF).

Health insurance FORM filings should be filed in SERFF separately from Health Insurance RATE filings.

Health insurance rate filings for ACA-compliant plans should include the following information as pertinent to the nature of the purpose of the filing:

- 1. Fill out all requested information for the rate filing in SERFF under the tabs labeled "General Information" and "Rate/Rule Schedule"
- 2. Create a **cover letter** on Company Letterhead that includes the following:
  - a. Company Name
  - b. NAIC Company Code
  - c. Unique Company Filing Number (assigned by Company)
  - d. Date Submitted
  - e. Proposed Effective Date
  - f. Type of Product
  - g. Individual or Group

**Group Size** 

- h. Scope and Purpose of Filing
- i. Indication Whether Initial Filing or Change
- j. Indication if no DC Policyholders
- k. Overall Premium Impact of Filing on DC Policyholders
- I. Contact information, Name, Telephone, Fax, e-mail
- m. Signature and Date
- 3. If someone other than the insurer is submitting a filing on the insurer's behalf, then the filing must include a letter of authorization from the insurer. This letter must be on the insurer's Letterhead, dated, and signed by a person with authority. Submit this letter in the tab labeled "Supporting Documentation" in the scheduled item called **Certificate of Authority to File**.
- 4. Effective March 28, 2013, the Uniform Rate Review Template (URRT) replaced the Rate Summary Worksheet (Preliminary justification Part I). The URRT, a market-wide reform, is required to be completed and submitted in SERFF and in HIOS for ALL individual and small group health insurance rate filings that are not grandfathered health plan coverage or excepted benefits under the Rate Review Regulation, regardless of whether the rate action meets or exceeds the "subject to review" threshold of the Rate Review Regulation. Additionally, the Actuarial Memorandum Part III, is also required to be submitted whenever the URRT is submitted. This applies to both SERFF and HIOS.

Please download the URRT from the HIX web page, complete the document and attach the Excel version to the URRT Requirement under the "Supporting Documentation" tab within applicable SERFF filings. If you are submitting a rate increase that meets or exceeds the "subject to review" threshold under the

Rate Review Regulation, you should attach the same version of the URRT that you prepared for upload into the HIOS system.

The completed URRT must be downloaded from the HIX page, completed, and included on every applicable health insurance rate filing beginning March 28, 2013.

Please bypass this requirement on large group filings and/or filings that have grandfathered plans or excepted benefits.

Please refer to the documentation in SERFF's Online Help for instruction on completing the required PPACA fields.

The elements of the URRT are as follows:

- Part I (Unified Rate Review Template)
  - a. Historical and projected claims experience
  - b. Trend projections related to utilization, and service or unit cost
  - c. Any claims assumptions related to benefit changes
  - d. Allocation of the overall rate increase to claims and non-claims costs
  - e. Per enrollee per month allocation of current and projected premium
  - f. Three year history of rate increases for the product associated with the rate increase
- Part II (Preliminary Justification) (ONLY REQUIRED WHEN A RATE INCREASE IS GREATER THAN THE THRESHOLD FOR RATE REVIEW) The written description of the rate increase must include a simple and brief narrative describing the data and assumptions used to develop the rate increase, including the following:
- a. Explanation of the most significant factors causing the rate increase, including a brief description of the relevant claims and non-claims expense increases reported in the rate increase summary
- b. Brief description of the overall experience of the policy, including historical and projected expenses, and loss ratios
- Part III (Actuarial Memorandum) Two versions are required; an unredacted version for regulators and a redacted version for public disclosure. The Actuarial Memorandum should include the following elements:
  - a. Company Identifying Information
    - i) Company Legal Name
    - ii) State
    - iii) HIOS Product ID
  - b. Effective date
  - c. Company contact information
  - d. Market
  - e. Average rate increase requested
  - f. Reason for rate increase
  - g. Risk Adjustment
  - h. Non-Benefit Expenses
    - i) Administrative Costs of Programs that Improve Health Care Quality
    - ii) Taxes and Licensing or Regulatory Fees
  - i. Projected Loss Ratio
  - j. Index Rate

- k. Market Adjusted Index Rate
- I. AV Value
- m. Benefit/Metal level(s)
- n. Calibration
- o. Consumer Adjusted Premium Rate Development
- p. Past experience
- q. Rating Factors
- r. Credibility assumption
- s. Trend assumption
- t. Cost-sharing changes
- u. Benefit changes
- v. Claim reserve needs
- w. Reliance
- x. Actuarial Certification
- 5. Download and complete the **DISB Actuarial Memorandum Dataset** template from SERFF (located on the "Supporting Documents" tab) and upload the completed version.
- 6. Download and complete the **District of Columbia Plain Language Summary** template from SERFF (located on the "Supporting Documents" tab) and upload the completed version.
- 7. Complete the Rate Filing Checklist (see Appendix \*\*\*)
- 8. Complete the CCIIO Risk Adjustment Transfer Elements Extract (RATE 'E') report and submit to DISB prior to approval of the rate filings for all QHP rate plans. This report should be submitted either by the set deadline date for QHP submissions, or no later than April 30<sup>th</sup> of the current year, whichever is first. You should receive the template and instructions for this report directly from CCIIO. You can submit this report in one of two ways (or both):
  - a. The report can be attached to the corresponding rate filing (marked as "confidential" if you would prefer that the report not be available for public viewing;
  - b. You can email the report directly to Efren Tanhehco, Supervisory Health Actuary (<a href="mailto:efren.tanhehco@dc.gov">efren.tanhehco@dc.gov</a>).

Please bypass this requirement on large group filings and/or filings that have grandfathered plans or excepted benefits.

- 9. DISB will require all issuers of Qualified Health Plans (for sale on DC HealthLink) to provide a chart containing clear and concise information on the following:
  - a. Any and all components of requested changes in the rates from the prior plan year, listed individually, such as trends, risk adjustment, age calibration, mapping from a different plan, etc. (this is not meant to be an exhaustive list; your list should contain all applicable components);
  - b. A quick summary/explanation of the change associated with each listed component; and
  - c. The actual percentage impact of the change to each component, such that the sum total for all components equals the total percentage change requested for the plan year.

This chart should be submitted along with the rate filing, either within the Actuarial Memorandum or as a separate supporting document.

- 10. The filing (and all applicable elements) should also be submitted in the Health Insurance Oversight System (HIOS) portal. Refer to the HIOS Portal User Manual published on the CMS website (<a href="https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/HIOS-Portal-UserManual-082014-150200.pdf">https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/HIOS-Portal-UserManual-082014-150200.pdf</a>) for detailed instructions on using the portal. Note that the HIOS Product ID must be included in the Actuarial Memorandum submitted with the SERFF filing.
- 11. The Affordable Care Act requires health insurance issuers to submit data on the proportion of premium revenues spent on clinical services and quality improvement, also known as the Medical Loss Ratio (MLR). It also requires them to issue rebates to enrollees if this percentage does not meet minimum standards. MLR requires insurance companies to spend at least 80% (85% in the large group market) of premium dollars on medical care, with the review provisions imposing tighter limits on health insurance rate increases. If they fail to meet these standards, the insurance companies are required to provide a rebate to their customers starting in 2012.

Insurers must submit a report each year to the Department of Health and Human Services (HHS) showing how much the insurer spent on health care and activities that improve care in the past year. Each year's report is due by July 31 of the following year.

Each insurer's Medical Loss Ratio information is provided separately for each state and, within each state, by market (individual, small group and large group markets). It is not provided by a particular plan, product, or policy.

Complete the **MLR Report** and submit the report to CMS by the required due date. Also send either the Excel version, or a PDF version, of the completed MLR Report for the District of Columbia to DISB via email to Efren Tanhehco, Supervisory Health Actuary (<a href="mailto:efren.tanhehco@dc.gov">efren.tanhehco@dc.gov</a>).

## Appendix C

## Rate Filing Check List Consolidated Form Filing Check List Prescription Guide Template



# **Check List**

- Consolidated form filing checklist <u>click here</u>.
- 2. Rate Filing checklist click here.
- 3. Prescription Guide template <u>click here</u>.

Note: Carriers may also reach out to HBX Plan Management team via email at <u>carrier.hbxinquiries@dc.gov</u> to request a copy of the checklist listed above.

## Appendix D

Health Benefit Exchange Authority Attestations



### DC HBX Exchange Issuer Attestations: Statement of Detailed Attestation Responses

<u>Instructions</u>: Please review and respond Yes or No to each of the attestations below and sign the Statement of Detailed Attestation Responses document. Please be sure to reference the specific attestation in your justification discussion. If the applicant is submitting the signed attestation document indicating Yes to all attestations, the justification section is not required.

1. Applicant attests that it will be bound by 2 CFR 376 and that no individual or entity that is a part of the Applicant's organization is excluded by the Department of Health and Human Services Office of the Inspector General or by the General Services Administration. This attestation includes any member of the board of directors, key management or executive staff or major stockholder of the applicant and its affiliated companies, subsidiaries or subcontractors.
□ Yes □ No
2. The applicant attests that, based on its best information, knowledge and belief, none of its principals, nor any of its affiliates is presently debarred, suspended, proposed for debarment, or declared ineligible to participate in Federal programs by HHS or another Federal agency under 2 CFR 180.970 or any other applicable statute or regulation, and should such actions occur, it will inform HHS within 5 working days of learning of such action.
□ Yes □ No

3. Applicant attests that it either offers no stand-alone dental plans, or that any stand-alone dental plans it offers will adhere to the standards set forth by HHS for the administration of advance payments of the premium tax credit.
□ Yes □ No
4. The following attestation applies to applicants participating in the Exchanges and premium stabilization programs as defined in the Affordable Care Act and applicable regulations. Under the False Claims Act, 31 U.S.C. §§ 3729-3733, those who knowingly submit, or cause another person or entity to submit, false claims for payment of government funds are liable for three times the government's damages plus civil penalties of \$5,500 to \$11,000 per false claim. 18 U.S.C. 1001 authorizes criminal penalties against an individual who in any matter within the jurisdiction of any department or agency of the United States knowingly and willfully falsifies, conceals, or covers up by any trick, scheme, or device, a material fact, or makes any false, fictitious or fraudulent statements or representations, or makes any false writing or document knowing the same to contain any false, fictitious or fraudulent statement or entry. Individual offenders are subject to fines of up to \$250,000 and imprisonment for up to 5 years. Offenders that are organizations are subject to fines up to \$500,000. 18 U.S.C. 3571(d) also authorizes fines of up to twice the gross gain derived by the offender if it is greater than the amount specifically authorized by the sentencing statute. Applicant acknowledges the False Claims Act, 31 U.S.C., §§ 3729-3733.
□ Yes □ No
5. The following applies to applicants participating in the Exchanges and premium stabilization programs as defined in the Affordable Care Act and applicable regulations. Applicant attests to provide and promptly update when applicable changes occur in its Tax Identification Number (TIN) and associated legal entity name as registered with the Internal Revenue Service, financial institution account information, and any other information needed by CMS in order for the applicant to receive invoices, demand letters, and payments under the APTC, CSR, user fees, reinsurance, risk adjustment, and risk corridors programs, as well as, any reconciliations of the aforementioned programs.
□ Yes □ No

6. The following applies to applicants participating in the Exchanges and premium stabilization programs as defined in the Affordable Care Act and applicable regulations. Applicant attests that it will develop, operate and maintain viable systems, processes, procedures and communication protocols to accept payment-related information submitted by CMS.				
□ Yes □ No				
Signature	Date			
Printed Name	Title/Position			
•	a justification for any attestation for which you indicated cific attestation in your justification.			

## Appendix E

DISB Guidance on Nondiscrimination in Benefit Design

### Stephen C. Taylor Commissioner

#### **Non-Discriminatory Benefit Design**

The intent of this guidance is to clarify non-discrimination standards and provide examples of benefit designs for Qualified Health Plans (QHP) that are potentially discriminatory under the Affordable Care Act (ACA)¹. The ACA enacted standards that protect consumers from discrimination based on age, expected length of life, present or predicted disability, degree of medical dependency, quality of life, and health condition. It prohibits issuers from designing benefits or marketing QHPs in a manner that would discourage individuals with significant health care needs from enrolling in their QHPs. In addition, the Public Health Service Act (PHS) Section 2711 generally prohibits group health plans and health insurance issuers offering group or individual coverage from imposing lifetime or annual limits on the dollar value of essential health benefits (EHB). ² Furthermore, with respect to plans that must provide EHBs, issuers may not generally impose benefit-specific waiting periods and plan designs must comply with the Mental Health Parity and Addiction Equity Act (MHPAEA). These standards do not apply to stand-alone dental plans (SDP).

Ultimately, the Department of Insurance, Securities and Banking (DISB) and the DC Health Benefit Exchange Authority (HBX) will determine if a plan design has a discriminatory practice under applicable law after a review of the plan's forms, rates, and QHP filing templates developed by the Center for Consumer Information and Insurance Oversight (CCIIO) as submitted through SERFF, in addition to any other materials that may be requested by these agencies. In particular, DISB will conduct an in-depth review of the Prescription Drug Template, the Plans and Benefits Template, and the data captured by the CCIIO review tools (namely the Non-discrimination Tool, the Non-discrimination Formulary Outlier Tool and the Non-discrimination Clinical Appropriateness Tool).

Many benefit design features are utilized in the context of medical management, including but not limited to: exclusions; utilization management; cost-sharing; medical necessity definitions; networks; case management; and/or drug formularies. Depending on how the feature is designed and administered, each of these features has the potential to be either discriminatory or an important element in a QHP's quality and affordability. CMS has identified examples of potentially discriminatory benefit design within each of these domains, as well as best practices for minimizing the discriminatory potential of these features. These examples are not definitively discriminatory, but may be indicators of discriminatory practices. As potential discrimination is assessed internally, issuers should consider the design of singular benefits in the context of the plan as a whole, taking into account all plan features, including maximum out of pocket (MOOP) limits.

### **Drug Formularies**

All issuers offering QHPs are required to run CCIIO tools and complete DISB's Rx Guide template. In the event a QHP imposes a utilization management requirement which unduly limits access to commonly used medications for any chronic disease in a discriminatory manner, regulators may find the requirement to be a discriminatory practice and decide not to certify the plan as meeting QHP requirements. For

<sup>&</sup>lt;sup>1</sup> 45 CFR §156.125 – Prohibition on discrimination – provides as follows: "(a) An issuer does not provide EHB if its benefit design, or the implementation of its benefit design, discriminates based on an individual's age, expected length of life, present or predicted disability, degree of medical dependency, quality of life, or other health conditions." <sup>2</sup> 42 U.S.C. 300gg-11.

example, a plan might place all HIV/AIDs drugs in a high cost-sharing tier, which is a practice that DISB will review carefully as being discriminatory with respect to people with HIV/AIDs. By placing all medications for a single chronic disease, including generics, on the highest cost-sharing tier, and/or requiring all such medications be accessed through a mail-order pharmacy, health plans discourage people living with those chronic diseases from enrolling in those health plans – a practice which may unlawfully discriminate based on disability. This tiering structure could indicate potentially discriminatory policy.

A QHP formulary drug list URL must be easily accessible. Its information must be up-to-date, accurate, and inclusive of a complete list of all covered drugs. The information should also provide a clear description of any tiering structure that the plan has adopted and any restrictions on the way a drug can be obtained.

### Behavioral Health Care

All QHP's are required to comply with the MHPAEA which states that financial requirements (e.g. co-pays and deductibles) and/or treatment limitations (e.g. visit limits) may not be more restrictive than the predominant requirements or limitations applied to medical/surgical benefits within the same benefit classification.<sup>3</sup> For example, an issuer who proposes a copayment on in-network, outpatient mental health/substance use disorder (MH/SUD) benefits that is more restrictive than the predominant copayment applied to substantially all in-network, outpatient medical/surgical benefits would violate MHPAEA requirements. DISB will review benefits and cost-sharing for compliance with this standard, using CCIIO tools for outlier analysis on specific QHP benefits. These benefits include inpatient mental/behavioral health stays, specialist visits, specific mental health and substance abuse disorder conditions, and prescription drugs. In addition, regulations adopted under the ACA require QHP issuers to maintain networks with sufficient numbers and types of providers, including providers specializing in the delivery of mental health and substance use disorder services, to assure all services will be accessible without unreasonable delay.<sup>4</sup> DISB and HBX will review provider networks to ensure sufficient access to behavioral health and substance abuse providers.

<sup>&</sup>lt;sup>3</sup> 42 U.S.C. 18031(j); 42 U.S.C. 300gg-26.

<sup>&</sup>lt;sup>4</sup> 45 C.F.R. 156.230(a)(2).

Domain	Benefit Example	Discriminatory Design Example	Rationale for Discriminatory Designation	Mitigation Strategies for Reducing Potential Discriminatory Practices
Behavioral Health	Mental Health Parity	Non-compliance with the Mental Health Parity and Addiction Equity Act (MHPAEA) with respect to financial requirements. For example, proposing a copayment on innetwork, outpatient mental health/substance use disorder benefits that is more restrictive than the predominant copayment applied to substantially all in-network, outpatient medical/surgical benefits.	The difference in copayments appears to violate MHPAEA's substantially all medical/surgical benefits test.	Provide justification for any variance in copayments that may appear to be discriminatory.
Cost Sharing	Ancillary Costs	Requiring cost-sharing for ancillary services associated with a covered preventive service.	Requiring additional payments for ancillary services leads to surprise bills for consumers for services that should have been covered without cost-sharing.	Remove cost-sharing for ancillary services performed during or in connection with a covered preventive service.
Drug Formularies	Drug Tiering	All drugs for a specific disease, such as HIV or Multiple Sclerosis, are placed on highest cost-sharing tier	Adverse selection, encourages enrollees to select a plan from a different carrier that covers life-saving/life extending drugs.	Submit updated Rx Guide template throughout the year
Drug Formularies	Drug Exclusion	Excluded coverage of a specific drug counter to DC policy. Examples include exclusions of over-the-counter contraceptive pills, supplies, and devices. Additional exclusions to monitor include methadone maintenance treatment in form filing for proposed plans.	Inappropriate exclusions placed on benefits/services.	Remove exclusions as appropriate.
Exclusions	Cosmetic Procedures	Presumption of cosmetic procedures as being not medically necessary such as breast augmentation/nipple reconstruction, and/or tracheal shave for a person in transition with a gender dysphoria diagnosis.	Concerns with forms/riders creating environment where ALL gender dysphoria cases <i>must</i> be referred to an Ombudsman for medical necessity review, even though the World Professional Association for Transgender Health (WPATH) guidelines have already been followed and there has	Continue to ensure medical necessity criteria/guidelines are updated and consulted during filing process.

Domain	Benefit Example	Discriminatory Design Example	Rationale for Discriminatory Designation	Mitigation Strategies for Reducing Potential Discriminatory Practices
			been a doctor/behavioral health recommendation for a procedure.	
Exclusions	Age Limits	Placing an age limit on a service, such as plastic, cosmetic, and related services, that has been found to be clinically effective at all ages.	Labeling certain benefits and services proven clinically effective on all ages as "pediatric services" limits adult access to such benefits and services.	Remove the age limits from applicable benefits as appropriate. Evidence that age limits are based on accepted standards of medical practice may be considered.
Medical Necessity	Emergency Services	Restricting out-of-network emergency services based on whether the individual could have anticipated needing emergency care outside the service practice area.	As long as the individual has an emergency medical condition, as defined in 45 C.F.R. § 147.138(b)(4)(i), they may receive emergency services from an out-of-network provider under 45 C.F.R. § 147.138 without regard to whether the need for emergency services could have been anticipated prior to leaving the service area.	Remove exclusions and language from forms as appropriate.
	Reconstructive Breast Surgery	Limiting coverage of reconstructive breast surgery to mastectomies associated with breast cancer, or denying coverage based on medically necessity	WHCRA is not limited to reconstructive surgery following a mastectomy resulting from breast cancer. This service must be covered regardless of the underlying cause and medical necessity.	Remove exclusions and language from forms as appropriate.
Utilization Management	Claims Denial	DC has a mammogram mandate (§ 31–2902) that states in part:  (a) Any individual or group health benefit plan, including Medicaid, shall provide health insurance benefits to cover:  (1) A baseline mammogram for women; and	For women with dense breast tissue, particularly women of color, 3-D mammography is more effective at detecting cancer than the 2-D counterpart. In 2013, the breast cancer mortality rate for African American women was 39 percent higher than that for Caucasian women.	Cover 3-D mammography in appropriate cases.

Domain	Benefit Example	Discriminatory Design Example	Rationale for Discriminatory Designation	Mitigation Strategies for Reducing Potential Discriminatory Practices
		<ul><li>(2) An annual screening mammogram for women.</li><li>A plan design that does not include this mandated benefit could be considered discriminatory.</li></ul>		
Utilization Management	Use of prior authorization for surgery for gender dysphoria.	Contracts that require an individual to obtain prior authorization for in-network surgery for gender dysphoria, when prior authorization is not required for in-network inpatient hospital stays, reconstructive procedures, and outpatient surgery. If prior authorization isn't obtained, the patient could be required to pay more of the allowed amount.	Limits access to necessary treatment	Consult DISB FAQs which state if prior authorization is required for a covered procedure, it will be required for both transgender and nontransgender enrollees.  Revise language as needed after working with DISB/HBX.

## Appendix F

DCHBX Authority Executive Board Resolutions



# RESOLUTION OF THE EXECUTIVE BOARD DISTRICT OF COLUMBIA HEALTH BENEFIT EXCHANGE AUTHORITY

To adopt recommendations establishing standard qualified health plans at each of the four metal level tiers for plan year 2020, plus a standard HSA compatible plan at the bronze level.

**WHEREAS**, the Health Benefit Exchange Authority Establishment Act of 2011, effective March 4, 2012 (D.C. Law 19-94; D.C. Official Code § 31-3171.01 *et seq.*) ("Act") created the District of Columbia Health Benefit Exchange Authority ("Authority"), an independent authority of the Government of the District of Columbia, and its governing Executive Board;

**WHEREAS**, §1301(a)(1)(C)(ii) of the ACA requires QHP issuers to offer one silver-level and one gold-level plan at a minimum;

**WHEREAS**, D.C. Official Code §31-3171.09(5)(B)(i) requires QHP issuers to offer one at least one bronze plan;

**WHEREAS**, 45 C.F.R. §155.1000(c) allows state exchanges to limit certification to those plans that it finds are in the best interest of qualified individuals and employers and 45 C.F.R. §156.200(d) allows state exchanges to require additional certification requirements beyond the federal minimums;

**WHEREAS**, §5 of the Act (D.C. Official Code §31-3171.04(a)(7)) authorizes the Authority to implement procedures for certification, recertification, and decertification of QHPs;

**WHEREAS**, on March 22, 2013, the Executive Board adopted a Resolution to develop standardized benefit plans (benefits and cost-sharing) at each of the four metal level tiers based on input from consumers, employers, carriers, and based on early purchase preferences;

**WHEREAS**, on November 12, 2014, the Executive Board adopted a Resolution setting standard plans at all four metal level tiers for Plan Year 2016;

**WHEREAS**, on March 9, 2015, the Executive Board adopted consensus recommendations to modify the standard Bronze plan to be consistent with the 2016 Plan Year Actuarial Calculator released by the Center for Consumer Information and Insurance Oversight;

**WHEREAS**, on April 6, 2016, the Executive Board adopted a Resolution modifying the standard plans at all four metal level tiers for Plan Year 2017;

**WHEREAS**, on February 8, 2017, the Executive Board adopted a Resolution modifying the standard plans at all four metal level tiers, plus an HSA-compatible bronze plan for Plan Year 2018;

**WHEREAS**, on March 14, 2018, the Executive Board adopted a Resolution modifying the standard plans at the gold, silver and bronze copay levels for Plan Year 2019;

**WHEREAS**, the draft federal actuarial value calculator for Plan Year 2020 was issued January 17, 2019, requiring that the standard plans be run through it for 2020 compliance;

**WHEREAS**, the working group met on January 31, February 5 and February 7, 2019 by conference call;

**WHEREAS**, the working group came to consensus on the modifications required to make the standard plans compliant with the 2020 draft federal actuarial value calculator;

**NOW, THEREFORE, BE IT RESOLVED** that the Executive Board hereby approves the following recommendations from the Standard Plans Advisory Working Group:

The Executive Board adopt standard plans for DC Health Link at the platinum, gold, silver and bronze metal level tiers for 2020 as set forth in the *Recommendations of the Standard Plans Advisory Working Group to the District of Columbia Health Benefit Exchange Authority*, dated February 13, 2019.

**I HEREBY CERTIFY** that the foregoing Resolution was adopted on this 13th day of February 2019, by the Executive Board of the District of Columbia Health Benefit Exchange Authority in an open meeting.

	February 13, 2019
Khalid Pitts, Secretary/Treasurer	•
District of Columbia Health Benefit Exchange Authority	Date:



# RESOLUTION OF THE EXECUTIVE BOARD DISTRICT OF COLUMBIA HEALTH BENEFIT EXCHANGE AUTHORITY

To adopt recommendations establishing standard qualified health plans at each of the four metal level tiers for plan year 2018, including a standard HSA compatible plan at the bronze level.

**WHEREAS**, the Health Benefit Exchange Authority Establishment Act of 2011, effective March 4, 2012 (D.C. Law 19-94; D.C. Official Code § 31-3171.01 *et seq.*) ("Act") created the District of Columbia Health Benefit Exchange Authority ("Authority"), an independent authority of the Government of the District of Columbia, and its governing Executive Board;

**WHEREAS**, §1301(a)(1)(C)(ii) of the ACA requires QHP issuers to offer one silver-level and one gold-level plan at a minimum;

**WHEREAS**, D.C. Official Code §31-3171.09(5)(B)(i) requires QHP issuers to offer one at least one bronze plan;

WHEREAS, 45 C.F.R. §155.1000(c) allows state exchanges to limit certification to those plans that it finds are in the best interest of qualified individuals and employers and 45 C.F.R. §156.200(d) allows state exchanges to require additional certification requirements beyond the federal minimums;

**WHEREAS**, §5 of the Act (D.C. Official Code §31-3171.04(a)(7)) authorizes the Authority to implement procedures for certification, recertification, and decertification of QHPs;

**WHEREAS**, on March 22, 2013, the Executive Board adopted a Resolution to develop standardized benefit plans (benefits and cost-sharing) at each of the four metal level tiers based on input from consumers, employers, carriers, and based on early purchase preferences;

**WHEREAS**, on November 12, 2014, the Executive Board adopted a Resolution setting standard plans at all four metal level tiers for Plan Year 2015;

**WHEREAS**, on March 9, 2015, the Executive Board adopted consensus recommendations to modify the standard Bronze plan to be consistent with the 2016 Plan Year Actuarial Calculator released by the Center for Consumer Information and Insurance Oversight;

**WHEREAS**, on April 6, 2016, the Executive Board adopted a Resolution modifying the standard plans at all four metal level tiers for Plan Year 2017;

**WHEREAS**, the federal actuarial value calculator for Plan Year 2018 was issued in late 2016, requiring that the standard plans be run through it for 2018 compliance;

**WHEREAS**, the working group met on September 21 and 29, October 13, November 16 and 30, and December 14, 2016 by conference call;

**WHEREAS**, the working group came to consensus on the modifications required to make the standard plans compliant with the 2018 federal actuarial value calculator;

**WHEREAS**, the working group also came to consensus on adding a requirement that an additional standard plan offering should be made at the bronze level that is an HSA-compatible plan;

**WHEREAS**, the Insurance Market Committee of the Board met to discuss a non-consensus item on whether to require the offering of an HSA-compatible plan at the gold level;

**WHEREAS**, the Insurance Market Committee of the Board met January 12 and February 1, 2017 and came to consensus that the gold HSA-compatible plan be tabled since the two individual market carriers agreed to offer them voluntarily in the individual market for plan year 2018;

**NOW, THEREFORE, BE IT RESOLVED** that the Executive Board hereby approves the following recommendations from the Standard Plans Advisory Working Group:

The Executive Board adopt standard plans for DC Health Link at the platinum, gold, silver and bronze metal level tiers for 2018 as set forth in the <u>Report of the Standard Plans</u> <u>Advisory Working Group to the District of Columbia Health Benefit Exchange Authority</u>, dated January 9, 2016, <u>Attachment One</u>.

**I HEREBY CERTIFY** that the foregoing Resolution was adopted on this 8th day of February 2017, by the Executive Board of the District of Columbia Health Benefit Exchange Authority in an open meeting.

	February 8, 2017
Khalid Pitts, Secretary/Treasurer	·
District of Columbia Health Benefit Exchange Authority	Date

### DC HBX Authority Board QHP & QDP Certification Resolutions

The following resolutions enacted by the DC HBX Authority Executive Board are required for QHP and QDP carriers offering plans on the DC Health Link insurance market place. This memo provides a short summary of the resolution and hyperlink to the full text and additional materials (if applicable). For access to all resolutions enacted by the Board, please visit http://hbx.dc.gov/page/adopted-resolutions

# Resolution to Approve an Essential Health Benefit (EHB) Benchmark Plan for 2017 (6/24/2015)

- Pursuant to Department of Insurance, Securities and Banking statute §31-3311.03(a), the
  HBX Executive Board approves GHMSI Blue Preferred PPO \$1,000 100%/80% as the EHB
  benchmark for plan year 2017.
- Plan Contract and SBC
- <u>DISB announcement</u> (6/30/2015)

# Resolution- To Update the Qualified Health Plan (QHP) Certification Requirements (2/9/2015)

<u>Updated QHP Certification Requirements Working Group Report</u> (1/21/2015)

- Network Adequacy
  - For plan year 2016 and beyond, in addition to submitting the CCIIO Federal Network Template, carriers must also submit the CCIIO Network Adequacy Template for QHP certification
  - DISB will track complaints related to network adequacy and will update their tracking mechanism as necessary

### Provider Directory

- For plan year 2016 and beyond, carriers must submit provider data at intervals and in formats as determined by HBX for use to populate DC Health Link's provider directory search tool. Carriers participating in the individual market have already begun providing provider information to populate a DC Health Link individual market provider directory search tool, which is scheduled to "go live" in Spring 2015. Timing of developing and implementing a DC Health Link provider directory for the small group marketplace will be determined based on experience and consumer use of individual marketplace provider directory tool.
- o In time for the 2016 plan year open enrollment (beginning October 1, 2015), Carriers will be required to prominently post a phone number or email address on their on-line and print provider directories (not necessarily a dedicated phone number or email address) for consumers to report inaccurate provider directory information. Carriers will be required, within 30 days, to validate reports that directories are inaccurate or

- incomplete and, when appropriate, to correct the provider information. The carrier will be required to maintain a log of consumer reported provider directory complaints that would be accessible to DISB or HBX upon request.
- Carriers will be required to take steps to maintain a high level of accuracy in their provider directories. Beginning in calendar year 2015 and annually, a carrier is required to take at least one of the following steps and report such steps to DISB;
  - Perform regular provider directory information
  - Validate provider information where a provider has not filed a claim with a carrier in 2 years (or a shorter period of time).
  - Take other innovative and effective actions approved by DISB to maintain accurate provider directories.

### • Review of Rates

- o For plan year 2016 and beyond, similar to reviews that occurred in 2013 and 2014, HBX is clarifying that for 2015 (plan year 2016 rates): 1) HBX will have a carrier's rate and form filings as filed with DISB, 2) Carriers are required to respond to requests for additional information from consulting actuaries for HBX, and 3) Consulting actuarial review of the assumptions in carrier rate filings and the actuarial reports will be published on HBX webpage and submitted to DISB for consideration. Published reports will not contain confidential information provided by carriers.
- In this work, HBX will coordinate with DISB to minimize duplication of effort and maintain confidentiality of submissions consistent with current practice.
- o In addition to these steps, HBX will develop an enhanced process under its legal authority. HBX will coordinate with DISB and will work with carriers, consumers, and other stakeholders to develop an enhanced process.

### • Quality of Health Plans

 For plan year 2016 DCHBX will use the federal standards and approach to make data on plan quality available to consumers and the DCHBX will establish on dchealthlink.com a link to the NCQA public report cards for health plans

### • Non-Discrimination

 Carriers must submit to DCHBX a copy of the insurance contract- also known as the certificate of coverage/evidence of coverage- for each certified QHP. Submission to HBX shall be at the health plan level and shall be made at the same time federal law requires disclosure to consumers. Resolution - To Adopt Recommendations Establishing Standard Qualified Health
Plans at Each of the Four Metal Level Tiers to Promote Easier Comparison
Shopping Through DC Health Link (11/12/2014)

Recommendations of the Standard Plans Advisory Working Group to the District of Columbia Health Benefits Exchange Authority (10/6/2014)

Addendum to Recommendations of the Standard Plans Advisory Working Group to the District of Columbia Health Benefit Exchange Authority (11/5/2014)

### Metal tier by metal tier Benefit Design example

 Beginning in plan year 2016, the Executive Board has adopted standard plans for DCHL at all four metal tiers in the Individual health insurance marketplace and carriers are required to offer one standardized plan at each metal level.

# Resolution - To Adopt a Recommendation Regarding a Separate Deductible for Pediatric Dental Benefits Offered in QHPs (11/12/2014)

• The maximum deductible in embedded pediatric dental plans shall be \$50/\$100 (individual in and out-of-network) and \$100/\$200 (family in and out-of-network).

### Resolution to Establish Employer Choice of Qualified Dental Plans (5/14/2014)

- Enables employers, purchasing coverage through DC Health Link, to offer their employees any number of qualified dental plans available through the DCHL insurance marketplace.
- Employers are not required to have a minimum contribution amount toward standalone qualified dental plan coverage.
- If an employer chooses to offer a contribution for stand-alone qualified dental plan coverage, the employer contribution methodology shall be the employer contribution methodology shall be the employer contributing a percentage of the member-level age rate within a reference plan selected by the employer; this is the same methodology used for contributions for a qualified health plan.
- DC Health Link shall provide greater transparency (more information) about pediatric dental benefits.

Resolution to Allow Health Carriers in DC Health Link to Determine Whether a Pediatric Essential Dental Benefit is Included in a Qualified Health Plan (5/14/2014)

• QHP carriers offering coverage on DC Health Link have the choice to embed, or not embed, the pediatric essential health benefits in the qualified health plans being offered.

# Resolution to Determine a Separate Deductible for Pediatric Dental Benefits Offered in QHPs (5/14/2014)

- QHP's with an embedded essential pediatric dental benefit being offered in DC Health Link must have a separate deductible beginning in plan year 2016 for its pediatric dental benefit.
- There shall be maximum amounts for the deductible to be informed by the Dental Working Group, or other group to which the Executive Board may assign the issue. A QHP carrier can choose to have lower or zero deductibles for pediatric dental benefit.

Resolution to Require Qualified Health Plan (QHP) Carriers to Establish Policies that Address Transition of Care for Enrollees in the Midst of Active Treatment in the Time of Transition into a QHP (5/9/2013)

QHPs in the District of Columbia Health Benefit Exchange shall implement policies that address transition care for enrollees in the midst of active treatment. Such policies must require that QHPs, upon request by the enrollee, allow non-participating providers to continue to provide health care services for the lesser of the remaining course of treatment or 90 days (except that such time limit is not applicable to maternity care). The transition policy shall be similar to that which was adopted by the Maryland Health Progress Act of 2013, as appropriate.

Resolution to Establish an Automatic Enrollment Policy for the Individual

Exchange Marketplace and to Define "Exceptional Circumstances" Permitting a

Special Enrollment Period (5/9/2013)

- The District of Columbia Health Benefit Exchange (DCHBX) will enable an individual to be automatically enrolled if he or she does not select a new plan, and does not terminate such coverage when their existing plan is no longer offered in a subsequent plan year, into a similar plan, if available. A similar plan is defined as same carrier, metal tier, and provider network.
- Additionally, a new 60-day SEP is established. The triggering date is the effective date for the
  plan in which the individual has been automatically enrolled. This provides the individual an
  additional opportunity to change plans.
- There is no automatic enrollment if there is no similar plan available.

# <u>Resolution - To Establish Outreach Strategies to Promote Tobacco Cessation</u> <u>Programs and Other Preventive Benefits That Are Covered Without Cost Sharing</u> (5/9/2013)

- 1. As part of the general information on the DC HBX website, provide descriptive information on the ACA covered preventive services including tobacco cessation and, when feasible, link to carrier websites which describe the availability of their tobacco cessation/preventive benefits.
- Recognizing that carriers now communicate with new enrollees, ensure that carriers include information about tobacco cessation and other preventive services in their new member communication. Note: this recommendation is not intended to duplicate existing communication or add to costs.
- 3. Recognizing that carriers now communicate with providers, ensure that carrier communications to their providers include up to date information on the preventive benefits and tobacco cessation programs to be provided with no cost sharing. Note: this recommendation is not intended to duplicate existing communication or add to costs.
- 4. As part of training for navigators, in-person assistors (IPAs), and certified application counselors (CACs), the DC HBX should provide descriptive materials on the availability of no cost preventive services including tobacco cessation for use in enrollment counseling sessions. These counselors should stress the importance of enrollees speaking directly with their carrier to obtain more information on these benefits.
- 5. Utilize alternative vehicles for communication, other than carriers, including providing educational materials to small business owners and benefit administrators on the availability of preventive services including tobacco cessation
- 6. Maintain ongoing discussions with key stakeholder groups to identify additional opportunities to increase the use of preventive services including tobacco cessation. Stakeholder groups should include at least carriers, providers, and community organizations.

## Appendix G

CCIIO Quality Improvement Strategy (QIS) Implementation Plan and Progress Form

Please retain a copy of the completed Quality Improvement Strategy (QIS) Implementation Plan form so that it is available for future use for reporting on activities conducted to implement the QIS. For detailed instructions, please refer to the QIS Technical Guidance and User Guide for the 2017 Coverage Year.

### QIS Submission Type

### Part A. New or Continuing QIS Submission

This field is required, but will not be scored as part of the QIS evaluation.

### 1. Type of QIS Submission

Select the option that describes the type of QIS submission, and follow the instructions to complete the submission.

Type of QIS	Instructions
New QIS <sup>1</sup> with No Previous QIS Submission	Complete the Background Information Section (Parts B and C) and the Implementation Plan Section (Parts D and E).
New QIS after Discontinuing a QIS Submitted during the Qualified Health Plan (QHP) Application Period <sup>2</sup>	Must complete two forms:  1. Complete a form to close out the discontinued QIS, including the Background Information Section (Parts B and C); Implementation Plan Section (Parts D and E), with the discontinued QIS information; and Progress Report Section (Part F); AND  2. Complete a new/separate form to submit the new QIS, including the Background Information Section (Parts B and C) and the Implementation Plan Section (Parts D and E).
Continuing a QIS with No Modifications	Complete the Background Information Section (Parts B and C), Implementation Plan Section (Parts D and E), and the Progress Report Section (Part F).
Continuing a QIS with Modifications <sup>3</sup>	Complete the Background Information Section (Parts B and C); Implementation Plan Section (Parts D and E); and the Progress Report Section (Part F).

<sup>&</sup>lt;sup>1</sup> A "new QIS" is defined as a QIS that has not been previously submitted to a Marketplace, or is a QIS that is based upon a different market-based incentive(s) and/or topic area(s) than the issuer's previous QIS.

<sup>&</sup>lt;sup>2</sup> A new QIS is required if an issuer: changes its QIS market-based incentive type or sub-type, changes its QIS topic area, reaches one or more of its QIS performance targets, the QIS is not having the expected impact, or the QIS results in negative outcomes or unintended consequences.

<sup>&</sup>lt;sup>3</sup> An issuer may continue with an existing QIS even if it changes the following: QIS activities, QIS goals, and/or QIS measures.

### **Background Information**

### Part B. Issuer Information

These fields are required, but will not be scored as part of the QIS evaluation.

2. Issuer Legal Name

3. Company Legal Name

4. HIOS Issuer ID

5. Issuer State

**6. QIS Primary Contact's First Name** 

**QIS Primary Contact's Last Name** 

7. QIS Primary Contact's Title

8. QIS Primary Contact's Phone

Ext.

9. QIS Primary Contact's Email

10. QIS Secondary Contact's First Name

**QIS Secondary Contact's Last Name** 

11. QIS Secondary Contact's Title

12. QIS Secondary Contact's Phone

Ext.

13. QIS Secondary Contact's Email

14. Date Issuer Began Offering Coverage Through the Marketplace

### 15. Current Payment Model(s) Description

Select the category(ies)<sup>4</sup> of payment models that are used by the issuer across its Marketplace product line. If "Fee for Service – Linked to Quality or Value" AND/OR "Alternative Payment Models Built upon Fee for Service Architecture" is checked, provide the percentage of payments tied to quality or value.

Payment Model Type	Payment Model Description	
Fee for Service – No Link to Quality or Value	Payments are based on volume of services and not linked to quality or efficiency.	
Fee for Service – Linked to Quality or Value	At least a portion of payments vary based on the quality or efficiency of health care delivery.	
Alternative Payment Models Built upon Fee for Service Architecture	Some payment is linked to the effective management of a population or an episode of care. Payments still are triggered by delivery of services, but there are opportunities for shared savings or two-sided risk.	
Population-based Payment	Payment is not directly triggered by service delivery, so volume is not linked to payment. Clinicians and organizations are paid and responsible for the care of a beneficiary for a long period (e.g., more than one year).	

### Provide percentage of payments:

Percentage of Fee for Service payments linked to quality or value:

Percentage of payments tied to quality or value through alternative payment models:

%

<sup>&</sup>lt;sup>4</sup> Categories of payment models are defined in Rajkumar R, Conway PH, and Tavenner M. CMS— Engaging Multiple Payers in Payment Reform. JAMA. 311:19. See the *QIS Technical Guidance and User Guide for the 2017 Coverage Year* for examples of payment models within each category.

### Part C. Data Sources Used for Goal Identification and Monitoring Progress

These fields are required, but will not be scored as part of the QIS evaluation.

### 16. Data Sources

Indicate the data sources used for identifying QHP enrollee population needs and supporting the QIS rationale (Element 22). Check all that apply.

Data Sources
Internal issuer enrollee data
Medical records
Claim files
Surveys (enrollee, beneficiary satisfaction, other)
Plan data (complaints, appeals, customer service, other)
Registries
Census data
Specify Type [e.g., block, tract, ZIP Code]:
Area Health Resource File (AHRF)
All-payer claims data
State health department population data
Regional collaborative health data
Other

If you checked "Other," please describe. Do not include company identifying information in your data source description.

(100 character limit)

### **QIS Implementation Plan Section**

### Part D. QIS Summary

These fields are req	uired, but will no	t be scored as part	t of the QIS evaluation.

1	7.	$\mathbf{c}$	IS	T	H	1
		w			ı	

Provide a short title for the QIS. (200 character limit)

### 18. QIS Description

Provide a brief summary description of the QIS. The description must include the market-based incentive type and topic area.

(1,000 character limit)

Is the QIS described above part of a mandatory state initiative?

Yes No

Is the QIS submission<sup>5</sup> a strategy that the issuer currently has in place for its Marketplace product line and/or for other product lines?

Yes No

<sup>&</sup>lt;sup>5</sup> Issuers may use existing strategies employed in non-Marketplace product lines (e.g., Medicaid, commercial) if the existing strategies are relevant to their QHP enrollee populations and meet the QIS requirements and criteria.

QIS Implementation Plan and Progress Report Form OMB 0938-1286

If "yes" was checked for either/both of the above, please describe the state initiative and/or current issuer strategy.
(1,000 character limit)
Describe the overall goal(s) of the QIS (no more than two).
Note: Measures described in Element 24 should be linked to these goals.
QIS Goal 1:
(500 character limit)
QIS Goal 2:
(500 character limit)

### Part E. QIS Requirements

The Elements in Part E will be scored as part of the QIS evaluation. All elements must receive a "meets" score during the QIS evaluation. If any elements are scored as "does not meet" in the QIS evaluation, the issuer must revise those elements and resubmit its Implementation Plan for re-review.

### 19. Market-based Incentive Type(s) (Must Pass)

Select the type and sub-type of market-based incentive(s) the QIS includes. Check all that apply. If either "In-kind incentives" or "Other provider market-based incentives" is selected, provide a brief description in the space provided.

### **Provider Market-based Incentives:**

Increased reimbursement

Bonus payment

In-kind incentives (Provide a description in the space below.) (500 character limit)

Other provider market-based incentives (Provide a description in the space below.) (500 character limit)

### **Enrollee Market-based Incentives:**

Premium credit

Co-payment reduction or waiver

Co-insurance reduction

Cash or cash equivalents

Other enrollee market-based incentives (Provide a description in the space below.) (500 character limit)

### 20. Topic Area Selection (Must Pass)

Select the topic area(s) this QIS addresses, as defined in the Affordable Care  ${\rm Act.}^6$  Check each topic area that applies.

QIS Topic Area	Example Activities Cited in the Affordable Care Act		
Improve health outcomes	<ul> <li>Quality reporting</li> <li>Effective case management</li> <li>Care coordination</li> <li>Chronic disease management</li> <li>Medication and care compliance initiatives</li> </ul>		
Prevent hospital readmissions	<ul> <li>Comprehensive program for hospital discharge that includes:</li> <li>Patient-centered education and counseling</li> <li>Comprehensive discharge planning</li> <li>Post-discharge reinforcement by an appropriate health care professional</li> </ul>		
Improve patient safety and reduce medical errors	<ul> <li>Appropriate use of best clinical practices</li> <li>Evidence-based medicine</li> <li>Health information technology</li> </ul>		
Implement wellness and health promotion activities	<ul> <li>Smoking cessation</li> <li>Weight management</li> <li>Stress management</li> <li>Healthy lifestyle support</li> <li>Diabetes prevention</li> </ul>		
Reduce health and health care disparities	<ul><li>Language services</li><li>Community outreach</li><li>Cultural competency trainings</li></ul>		

<sup>&</sup>lt;sup>6</sup> Implementation of wellness and health promotion activities are cited in Section 2717(b) of the Affordable Care Act. All other activities are cited in Section 1311(g)(1) of the Affordable Care Act.

### 21. Targets All Health Plans Offered Through a Marketplace (Must Pass)

21a. Indicate if this QIS is applicable to <u>all QHPs</u> you offer or are applying to offer through the Marketplaces, or to a subset of QHPs.

All QHPs

Subset of QHPs\*

\* If "Subset of QHPs" was selected above, an additional QIS Implementation Plan(s) (Parts D and E of this form) must be submitted for QHPs not covered by this QIS.

If "Subset of QHPs" was selected above, please indicate the number of forms that will be submitted: This is form of .

21b. In the space provided, specify all QHPs covered by the QIS by listing each plan's unique 14-digit HIOS Plan ID (Standard Component ID [SCID]). Indicate if each one is a new or existing QHP. Note: Please list additional health plans covered by the QIS on page 25.

HIOS Plan ID (SCID)

New Health Plan

Existing Health Plan

HIOS Plan ID (SCID)

New Health Plan

Existing Health Plan

HIOS Plan ID (SCID)

New Health Plan

Existing Health Plan

21c. Select the relevant product types to which the QIS applies. Check all that apply.

Health Maintenance Organization (HMO)

Point of Service (POS)

Preferred Provider Organization (PPO)

Exclusive Provider Organization (EPO)

Indemnity

### 22. Rationale for QIS (Must Pass)

Provide a rationale for the QIS that describes how the QIS will address the needs of the current QHP enrollee population(s).

(1,000 character limit)

# 23. Activity(ies) that Will Be Conducted to Implement the QIS (Must Pass) 23a. List the activities that will be implemented to achieve the identified goals. (1,000 character limit) 23b. Describe how the activities relate to the selected market-based incentive (see Element 19). (1,000 character limit) 23c. Describe how the activities relate to the topic area(s) selected (see Element 20). (1,000 character limit)

23d.	. If health and health care disparities was not chosen as a selected topic area in Element 20, does the QIS include any activities related to addressing health and health care disparities? If yes, describe the activities below. If (1) health and health care disparities is one of the topic areas selected in Element 20; OR (2) health and health care disparities are not addressed in this QIS, check Not Applicable.				
(1,00	0 character limit)				

#### 24. Goal(s), Measure(s), and Performance Target(s) to Monitor QIS Progress (Must Pass)

Restate the goal(s) identified in the QIS description (see Element 18).

#### QIS Goal 1:

(500 character limit)

For this goal, identify at least one (but no more than two) primary measure(s) used to track progress against the goal.

#### 24a. Measure 1a

Measure 1a Name:

Provide a narrative description of the measure numerator and denominator. (500 character limit)

	Is this a National Quality Forum (NQF)-endorsed measure? Yes No						
	If yes, provide 4-digit ID number:			If no, cl	heck	Not Applicab	le
	Is the NQF-endorsed measure used without me			on to the	e meas	sure specificat	on?
	Yes	No	Not Applicable				
24h	Describe how [Mea	eure 1al eunnorte	the tracking of ne	rformar	nce rel:	ated to [Goal 1	1
270.	(1,000 character lin		the tracking of pe	iloillai	ice rei	ated to [Odai 1	].
	(1,000 Character III)	111.)					
24c.	Baseline Assessment. Provide the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.						
	Rate or other data point (e.g., count, ratio, proportion):  Numerator:						
	Denominator:						
24d.	Performance period the baseline data a		ear when data co	ollection	begar	n and ended) o	covered by
	-						
24e.	Provide numerical	alue performance	target for this me	easure:			
24a.	Measure 1b						
	Measure 1b Name:						

	Provide a narrative description of the measure numerator and denominator. (500 character limit)	
	Is this a National Quality Forum (NQF)-endorsed measure? Yes No	
	If yes, provide 4-digit ID number: If no, check Not Applicable	
	Is the NQF-endorsed measure used without modification to the measure specification?	
	Yes No Not Applicable	
24b.	Describe how [Measure 1b] supports the tracking of performance related to [Goal 1].	
	(1,000 character limit)	
24c.	Baseline Assessment. Provide the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point enter the number in the space provided for numerator and enter "1" in the space for denominator.	,
	Rate or other data point (e.g., count, ratio, proportion):	
	Numerator:	
	Denominator:	
24d.	Performance period (i.e., month and year when data collection began and ended) covered be the baseline data assessment:	y
	-	
24e.	Provide numerical value performance target for this measure:	

QIS Implementation Plan and Progress Report Form OMB 0938-1286

•	Goal 2: character limit)
	his goal, identify at least one (but no more than two) primary measure(s) used to track progress nst the goal.
24a.	Measure 2a
	Measure 2a Name:
	Provide a narrative description of the measure numerator and denominator. (500 character limit)
	Is this a National Quality Forum (NQF)-endorsed measure? Yes No
	If yes, provide 4-digit ID number: If no, check Not Applicable  Is the NQF-endorsed measure used without modification to the measure specification?
24b.	Describe how [Measure 2a] supports the tracking of performance related to [Goal 2].
	(1,000 character limit)

24c.	Baseline Assessment. Provide the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point enter the number in the space provided for numerator and enter "1" in the space for denominator.
	Rate or other data point (e.g., count, ratio, proportion):
	Numerator:
	Denominator:
24d.	Performance period (i.e., month and year when data collection began and ended) covered be the baseline data assessment:
	<del>-</del>
24e.	Provide numerical value performance target for this measure:
24a.	Measure 2b
	Measure 2b Name:
	Provide a narrative description of the measure numerator and denominator. (500 character limit)
	Is this a National Quality Forum (NQF)-endorsed measure? Yes No
	If yes, provide 4-digit ID number: If no, check Not Applicable
	Is the NQF-endorsed measure used without modification to the measure specification?
	Yes No Not Applicable
24b.	Describe how [Measure 2b] supports the tracking of performance related to [Goal 2].
	(1,000 character limit)

	24c. Baseline Assessment. Provide the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data enter the number in the space provided for numerator and enter "1" in the space for denominator.		
		Rate or other data point (e.g., count, ratio, proportion):	
		Numerator:	
		Denominator:	
	24d.	Performance period (i.e., month and year when data collection began and ended) covered by the baseline data assessment:	y
		<del>-</del>	
246	e.	Provide numerical value performance target for this measure:	
25.	Time	eline for Implementing the QIS	
	25a.	QIS Initiation/Start Date:	
25b. Describe the milestone(s) and provide the date(s) for each milestone (e.g., when activities described in Element 23 will be implemented). At least one milestone is required. (100 character limit per milestone)			
		Date for	
		Milestone(s) Milestone(s)  1.	!
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		6.	

QIS Implementation Plan	and Progress	Report Form
OMB 0938-1286		

8.

9.

10.

#### 26. Risk Assessment

26a. List any known or anticipated barriers to implementing QIS activities.

(1,500 character limit)

26b. Describe the mitigation activities that will be incorporated to address each barrier identified in Criterion 26a.

(1,500 character limit)

#### **QIS Progress Report Section**

#### Part F. Progress Report Summary

The elements in Part F will be scored as part of the QIS evaluation. All elements must receive a "meets" during the QIS evaluation. If any elements are scored as "does not meet" in the QIS evaluation, the issuer must revise its Progress Report and submit it for re-review.

#### 27. Addition of QHPs to the Issuer's QIS

27a. Indicate if the issuer is adding any QHPs to the QIS originally listed in 21b.

Add QHP(s)

No additional QHP(s)

27b. If "Add QHP(s)" was selected, list all new QHPs and provide each plan's unique 14-digit HIOS Plan ID (SCID). If no additional QHPs were included, check Not Applicable.

Note: Please list additional health plans covered by the QIS on page 26.

HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)

#### 28. QIS Modifications

28a. If "Continuing a QIS with Modifications" was selected in Part A, Element 1, please indicate what type of modification the issuer is making to its QIS. Check all that apply. Note that modifications only apply to elements in Part D (Implementation Plan). If no modifications are being made, check Not Applicable.

	Element Being Modified
Goals	
Performance measure(s)	
Activities	

28b. Provide a justification and brief description of the modification(s) selected in Criterion 28a. If "Continuing a QIS with Modifications" was NOT checked in Part A, Element 1, check Not Applicable.

(500 character limit)

#### 29. Analyze Progress Using Baseline Data, as Documented in the Implementation Plan (Must Pass)

Restate the goals identified in the Implementation Plan (see Elements 18 and 24). For each goal, restate the measure(s) information identified in Element 24, and complete the tables below.

#### QIS Goal 1:

(500 character limit)

#### Measure 1a:

29a. Baseline performance period (i.e., month and year when data collection began and ended) covered by the baseline data assessment:

29b. Progress Report performance period (i.e., month and year when data collection began and ended) covered by the progress update data assessment:

29c.	Measure 1a Name:			
29d.	Restate the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.			
	Rate or other data point (e.g., count, ratio, proportion):			
	Numerator:			
	Denominator:			
29e.	Provide the follow-up results. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.			
	Rate or other data point (e.g., count, ratio, proportion):			
	Numerator:			
	Denominator:			
	Was the performance target (Criterion 24e) achieved?			
	Yes No			
Meas	sure 1b:			
29a.	Baseline performance period (i.e., month and year when data collection began and ended) covered by the baseline data assessment:			
29b.	Progress Report performance period (i.e., month and year when data collection began and ended) covered by the progress update data assessment:			
29c.	Measure 1b Name:			
29d.	Restate the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.			
	Rate or other data point (e.g., count, ratio, proportion):			
	Numerator:			
	Denominator:			

29e.	Provide the follow-up results. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.				
	Rate or other data point (e.g., count, ratio, proportion):				
	Numerator:				
	Denominator:				
	Was the performance target (Criterion 24e) achieved?				
	Yes No				
QIS (	Goal 2:				
(500	character limit)				
Meas	sure 2a:				
29a.	Baseline performance period (i.e., month and year when data collection began and ended)				
	covered by the baseline data assessment:				
29b.	Progress Report performance period (i.e., month and year when data collection began and ended) covered by the progress update data assessment:				
	-				
29c.	Measure 2a Name:				
29d.	Restate the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.				
	Rate or other data point (e.g., count, ratio, proportion):				
	Numerator:				
	Denominator:				
20-	Drovide the follow up recults. If the measure is not a rate but another data noist and the				
29e.	Provide the follow-up results. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.				
	Rate or other data point (e.g., count, ratio, proportion):				
	Numerator:				

	Denominator:				
	Was the performance target (Criterion 24e) achieved?				
		Yes	No		
Meas	ure 2b:				
29a.			ce period (i.e., month and year when data collection began and ended) line data assessment:		
29b.			formance period (i.e., month and year when data collection began and ne progress update data assessment:		
29c.	Measure	e 2b Name:			
29d.	Restate the baseline results, including the rate and associated numerator and denominator, if applicable. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.				
	Rate or	other data p	oint (e.g., count, ratio, proportion):		
	Numera	tor:			
	Denomi	nator:			
29e.	Provide the follow-up results. If the measure is not a rate but another data point, enter the number in the space provided for numerator and enter "1" in the space for denominator.				
	Rate or	other data p	oint (e.g., count, ratio, proportion):		
	Numera	tor:			
	Denomi	nator:			
	Was the	e performanc	e target (Criterion 24e) achieved?		
		Yes	No		

#### 30. Summary of Progress (Must Pass)

Indicate why progress was or was not made toward the performance target(s) documented in Element 24. Include a description of activities that led to the outcome.

If modifications were checked in Criterion 28a, indicate whether the information provided here affects the decision to modify or change the QIS:

(1,500 character limit)

#### 31. Barriers

31a. Were barriers encountered in implementing the QIS?

Yes No

If "Yes," describe the barriers.

(1,500 character limit)

QIS Implementation Plan and Progress Report Form OMB 0938-1286

31b.	Were there problems	meeting	timelines as indicated in Element 25?
	Yes	No	

If "Yes," describe the problems in meeting timelines.

(1,500 character limit)

#### 32. Mitigation Activities

If "Yes" was selected in 31a or 31b, describe the mitigation activities implemented to address each barrier or problem in meeting the timeline. Also, describe the result(s) of the mitigation activities.

If "No" was selected in 31a and 31b, check Not Applicable.

(1,500 character limit)

#### **Criterion 21b continued**

In the space provided, place specify any additional health plans (outside of those already listed in Criterion 21b) covered by the QIS by listing each plan's unique 14-digit HIOS Plan ID (Standard Component ID [SCID]). Indicate if each one is a new or existing health plan.

HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan
HIOS Plan ID (SCID)	New Health Plan	Existing Health Plan

#### Criterion 27b continued

In the space provided, place specify any additional health plans (outside of those already listed in Criterion 27b) covered by the QIS by listing each plan's unique 14-digit HIOS Plan ID (Standard Component ID [SCID]).

HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)
HIOS Plan ID (SCID)	HIOS Plan ID (SCID)

#### Appendix H

## Stand-Alone Dental Supplemental Benefits Form



### **Dental Benefits Template**

1. Dental Benefits Template, click here.

Note: Carriers may also reach out to HBX Plan Management team via email at <a href="mailto:carrier.hbxinquiries@dc.gov">carrier.hbxinquiries@dc.gov</a> to request a copy of the checklist listed above.



## **Dental Benefits Template**

#### Guidance for Dental Benefit Supplemental Form

To make for a smooth portal rollout and minimize the need to request clarification, carrier teams completing the Dental Benefit Supplemental Form (Appendix H) should note the following:

- 1. Do NOT merge the cells (e.g., when annual maximum is \$1000 in both in-network and out-of-network, do NOT merge the cells; fill out in each cell.)
- 2. Do NOT enter just numbers; use \$ or % as appropriate (e.g., entering just "50" leaves it unclear whether it should be "\$50" or "50%").
- 3. Do NOT enter off-exchange plans.
- 4. Under the Waiting Period columns, do NOT use "Not Applicable". Use "None" or describe waiting period at each service class level, e.g. "No waiting for Class I, 6-month for Class II, 12-month for Class III, IV & V".
- 5. When a benefit is not covered, use "Not a Covered Benefit". Do NOT use "NA", "Not Covered", "Not a benefit", "Not Applicable", or "100%".
- 6. Enter "No Charge" instead of "\$0" or "0%".
- 7. Ensure that data is entered correctly. In the past, there have been discrepancies between the benefit brochures and Dental Benefit Supplemental Form.
- 8. Coinsurance values should always reflect the percentage the member pays, not what the carrier pays.
- 9. For each benefit, carriers should explicitly state if the coinsurance/copay is subject to the deductible (similar to SERFF benefit filings).



Issuer ID	HIOS ID (Standard Component + Variant)	Plan Marketing Name	Plan Type (PPO/HMO)	High/Low

Maximum Out-of-pocket					
Inc	dividual	Family			
Pediatric In-Network	Pediatric Out-of-Network	Pediatric In-Network	Pediatric Out-of-Network		

	Deductible						
						- 1	
D. P. C. L. M. C. L.		Individual	A L II O	D 1:		Family	A L II O
Pediatric In-Network	Adult In-Network	Pediatric Out-of-Network	Adult Out-of-Network	Pediatric In-Network	Adult In-Network	Pediatric Out-of-Network	Adult Out-of-Network

Individual Family Waiting  Adult In-Network Adult Out-of-Network Adult In-Network Adult Out-of-Network Pediatric  Individual Family Waiting  Adult In-Network Adult Out-of-Network Pediatric  Individual Family Waiting  Individual Family Wa	
	Period
	<u>Adult</u>

Treventative and Bidghostic Services (Glass I)						
Oral Exams						
Pediatric In-Network	Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network			
redictive in Network	Addit iii Network	r calatric out of Network	Addit Out of Network			

Treventative and Diagnostic Services (class I)						
Prophylaxis (cleanings)						
Pediatric In-Network	Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network			
T CUIUCITO III TICCITOTI	/ tudie iii rectioni	r calacile dat dr methorik	Tidate Gat of Freework			
	•		•			

Preventative and Diagnostic Services (Class I)					
Bitewing X-Rays					
Pediatric In-Network	Pediatric Out-Of-Network	Adult Out-of-Network			

Freventative and Diagnostic Services (Class I)						
Flouride Treatments						
Pediatric In-Network	Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network			
r caractro in rections	riddie in riceitori	readant out of methods	ridaic dat di ricemoni			
	•	+				

Preventative and	Diagnostic Services	(Class I)

Freventative and Diagnostic Services (Class I)			
Full Mouth X-Rays			
Pediatric In-Network	Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network
- calacite in treework	/ taute iii iiteework	r caracino dat di membin	Addit out of Hethork
			<u> </u>

Sealants on permanent molars			
Pediatric In-Network	Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network

Treventative and Bidgitostic Services (Glass I)			
Space Maintainers			
Pediatric In-Network		Pediatric Out-Of-Network	Adult Out-of-Network
Pediatric III-NetWork	Addit III-Network	Pediatric Out-OI-NetWork	Addit Out-of-Network

Freventative and Diagnostic Services (Class I)			
Palliative Treatments			
Pediatric In-Network	Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network
r caratire in rections	, radicin receivers	reading out of freehold	ridaic dat di ricemoni

Emergency Oral Exam			
Pediatric In-Network		Pediatric Out-Of-Network	Adult Out-of-Network
Pediatric III-Network	Addit III-Network	Pediatric Out-Or-Network	Addit Out-of-Network

Basic Services (Class II)			
Direct placement Fillings			
Pediatric In-Network	Adult In-Network		Adult Out-of-Network

Simp	Services (Class II)  ple Extractions  Pediatric Out-Of-Network	Adult Out-of-Network
Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network

Basic Services (Class II)			
Adult In-Network	Pediatric Out-Of-Network	Adult Out-of-Network	
	Periodontal s	Basic Services (Class II)  Periodontal scaling and root planing  Adult In-Network Pediatric Out-Of-Network	

Major Services - Surgical (Class III)							
	Surgical periodontic services						
Pediatric In-Network Adult In-Network Pediatric Out-Of-Network Adult Out-of-Network							

Major Services - Surgical (Class III)							
	Endodontics						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Netwo							

Major Services - Surgical (Class III)							
	Oral Surgery						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Network							

Major Services - Surgical (Class III)							
General anesthesia							
Pediatric In-Network Adult In-Network Pediatric Out-Of-Network Adult Out-of-Network							

Major Services - Restorative (Class IV)							
	Full and/or partial dentures						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Network							

Major Services - Restorative (Class IV)							
	Crowns, inlays, and onlays						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Network							
_							

Major Services - Restorative (Class IV)								
	Replacement of crows, inlays, and/or bridges							
Pediatric In-Network								

Major Services - Restorative (Class IV)							
	Denture Adjustments and relining						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Network							

Major Services - Restorative (Class IV)								
	Repair of prosthetic appliances							
Pediatric In-Network								

Major Services - Restorative (Class IV)							
	Dental implants, fixed bridges						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Network							

Orthodontic Services (Class V)						
Orthodontia						
Pediatric In-Network   Adult In-Network   Pediatric Out-Of-Network   Adult Out-of-Network						
Pediatric III-Network	Addit III-Network	Pediatric Out-Or-Network	Addit Out-of-Network			

## Appendix I

## Evidence of Coverage and SBC/Benefit Brochure Tracking Form



	Carrier Contract & SBC URL Verification Form					
Carrier	Plan Name	HIOS ID	Market	SBC URL	Contract URL	