



DISB
Government of the District of Columbia
Department of Insurance, Securities and Banking

2022 RX GUIDE

BEHAVIORAL HEALTH

If you or a family member covered under your health plan is living with a behavioral health disorder or mental illness, knowing the cost of medications can help you make a more informed decision when selecting a health plan.

This guide, developed by the District of Columbia Department of Insurance, Securities and Banking, provides an overview of several commonly prescribed drugs used to treat depression, anxiety, attention disorders, and other common behavioral health disorders. The chart on the next page depicts the name of each drug, along with the corresponding drug copayment or coinsurance for each insurance carrier offering plans for sale on DC Health Link in Plan Year 2022.

Each insurance carrier uses different language to explain drug cost-sharing. In order to accurately compare costs and benefits, please reference the chart on the next page alongside the Summary of Benefits and Coverage (SBC) for your potential plan to calculate potential out-of-pocket prescription cost.

As a reminder to consumers, as you compare plans, please reference the SBC to see whether cost-sharing on prescription drugs will apply before or after you reach the annual deductible amount.

The Department is tasked with ensuring access to behavioral health and substance use disorder treatment, including monitoring for parity in the administration of benefits and medication by health insurance carriers. The Department has resources available to assist consumers with access to behavioral health substance use treatment disorder services, including medications. An online form has been made available for consumers to use if they believe an insurance company is administering behavioral health of substance use disorder benefits not in compliance with District and federal law. This can be found at [Consumer Complaint Form](#). For additional questions or concerns please contact the Department's Consumer Services Division at disbcomplaints@dc.gov, or call 202-727-8000.

Government of the District of Columbia
Department of Insurance, Securities and Banking

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DISTRICT OF COLUMBIA
DISB GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

2022 Behavioral Health Rx Review Guide

Name (Generic)	Name (Brand)	Aetna		CareFirst		Kaiser		United Healthcare	
		Restrictions	Copay/ Coinsurance	Restrictions	Copay/ Coinsurance	Restrictions	Copay/ Coinsurance	Restrictions	Copay/ Coinsurance
		Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand ¹
ANTIDEPRESSANTS / SEROTONIN REUPTAKE INHIBITORS (SSRI)									
Fluoxetine	Prozac	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
Fluoxetine	Sarafem	NR / NC	NC / NC	NA / NC	NA / NC	NR/NR	\$25-\$110 / \$25-\$110	NA/NC	NA/NC
Citalopram	Celexa	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NR/NC	\$0-10/NC
Sertraline	Zoloft	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NR/NC	\$0-10/NC
Paroxetine	Paxil	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NR	\$0-10/\$0-125
Escitalopram	Lexapro	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
ANTIDEPRESSANTS / SEROTONIN AND NOREPINEPHRINE REUPTAKE INHIBITORS (SNRI) AND OTHER									
Venlafaxine	Effexor	NR / NC	\$12-\$15 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
Duloxetine	Cymbalta	NR / NC	\$12-\$15 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-50/NC
Bupropion	Wellbutrin / Zyban	NR / NC	\$12-\$15 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NR/NC	\$0-10/NC
Desvenlafaxine	Pristiq	ST / NC	\$95-\$100 / NC	PA-ST / NC	\$0-\$25 / NC	NR/NR	\$25-\$110 / \$25-\$110	NR/NC	\$0-80/NC
Vortioetine	Trintellix	NA / ST	NA / \$95-\$100	NA / PA-ST	NA / \$0-100 after ded	NR/NR	NA / \$25-\$110	NA/NA	NC/NC
ANTI-ANXIETY / BENZODIAZEPINES									
Alprazolam	Xanax	NR / NC	\$12-\$15 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
Lorazepam	Ativan	NR / NC	\$12-\$15 / NA	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
Bupirone	Buspar	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NC	\$5-\$110 / NC	NR/NC	\$0-10/NC
ADHD TREATMENTS									
Methylphenidate	Aptensio	NA / NC	NA/NC	NA / NC	NA / NC	NA / NR	\$25-\$110 / \$25-\$110	NA/NC	NA/NC
	Concerta	NR / NC	\$12-\$15/NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NC/PA	NC / \$0-50
	Daytrana	NA/ NC	NA/NC	NA / NC	NA / NC	NA / PA	NA / \$25-\$110	NA/NC	NA/NC
	Metadate CD	NR / NC	\$95-\$100/NC	NR / NC	\$0-\$25 / NC	NR/NC	\$5-\$45/NC	PA/NC	\$0-50 / NC
	Metadate ER	NR / NC	\$12-\$15/NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$5-\$45	NC/NC	NC / NC
	Methylin	NR / NC	\$95-\$100/NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	PA/NC	\$0-10 / \$0-125
Ritalin	NR / NC	\$12-\$15/NC	NR / NC	\$0-\$25 / NC	NR/PA	\$5-\$110 / \$25-\$110	PA/PA	\$0-10 / \$0-125	
Amphetamine	Adderall	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$15-\$110	PA/NC	\$0-10 / NC
Dextroamphetamine	Dexedrine	NR / NC	\$95-\$100 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	PA/NC	\$0-80 / NC
	Zenzedi	NR / NR	\$12-15 / \$12-15	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	PA/NC	\$0-80 / NC
Lisdexamfetamine	Vyvanse (capsule)	NA / ST	NA / \$95-\$100	NA/NR	NA / \$0-75 after ded.	NA / PA	NA / \$25-\$110	NA/NC	NA / NC
Dexmethylphenidate	Focalin	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	PA/PA	\$0-10 / \$0-125
Methamphetamine	Desoxyn	NR / NC	\$95-\$100 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$25-\$110 / \$25-\$110	PA/PA	\$0-10 / \$0-125
Atomoxetine	Strattera	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NR/NC	\$0-125 / NC
Guanfacine	Intuniv	ST / NC	\$95-\$100 / NC	PA-ST / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NR/NC	\$0-50 / NC
ANTIPSYCHOTICS									
Risperidone	Risperdal	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$15-\$110	NR/NC	\$0-10/NC
Olanzapine	Zyprexa	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
Ziprasidone	Geodon	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-50/NC
Aripiprazole	Abilify	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-50/NC
Asenapine	Saphris	NA / ST	\$12-\$15 / NC	NA / PA-ST	\$0-25 / \$0-100	NA/NR	\$25-\$110 / \$25-\$110	NC/NC	NC/NC
Brexipiprazole	Rexulti	NA / ST	NA / \$95-\$100	NA / PA-ST	NA / NC	NA/NR	NA / \$100-\$150	NA/NC	NA/NC
Cariprazine	Vraylar	NA / NC	NA / NC	NA / PA-ST	NA/NC	NA/NR	NA / \$25-\$110	NA/NC	NA/NC
Clozapine	Clozaril	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NR/NR	\$0-10 / \$0-125
	Fazaclor	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$25-\$110 / \$25-\$110	NR/NC	\$0-10/NC
	Veracloz	NA / NC	NA / NC	NA / NC	NA / NC	NA/NR	NA / \$25-\$110	NA/NC	NA/NC
Iloperidone	Fanapt	NA / NC	NA / NC	NA / NC	NA / NC	NA/NR	NA / \$25-\$110	NA/NC	NA/NC
Quetiapine	Seroquel	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
Paliperidone	Invega	NR / NC	\$95-\$100 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$25-\$110 / \$15-\$110	NC/NC	NC/NC
Lurasidone	Latuda	NA / PA	NA / \$95-\$100	NA / NR	NA / \$0-75 after Ded	NA/NR	NA / \$25-\$110	NA/NC	NA/NC
MOOD STABILIZERS AND ANTICONVULSANTS									
Lithium	Lithobid / Eskalith	NR / NC	\$95-100 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$15-\$110	NR/NR	\$0-10/\$0-125
Carbamazepine	Tegretol (chewable)	NR / NC	\$12-\$15 / NC	NR / NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NR/NC	\$0-10/NC
	Equetro	NA / NC	NA / NC	NA/NC	NA / NC	NA / NR	NA / \$25-\$110	NA/NR	NC/\$0-80
Lamotrigine	Lamictal	NR / NC	\$12-\$15 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$110 / \$25-\$110	NA/PA-ST	\$0-10/\$0-125
Oxcarbazepine	Trileptal	NR / NC	\$12-\$15 / NC	NR/NC	\$0-\$25 / NC	NR/NR	\$5-\$45 / \$25-\$110	NA/PA-ST	NA/\$0-125

Note: Formularies are subject to change during the plan year. Please contact your insurance company for the most up to date information.

KEY	
PA	Pre-Authorization
ST	Step Therapy
Ded	Deductible
NA	Not Available
NC	Not Covered
NR	No Restrictions

* The cost share for this drug could be a copayment or coinsurance depending on the plan. Generic co-insurance ranges between 0%-50%. Brand name co-insurance ranges between 0%-50%.

¹ The cost share for this drug could be a copayment or coinsurance depending on the plan. Generic co-insurance ranges from 30% - 50%. Brand name co-insurance ranges between 30%-50%.

+ The cost share for this drug could be a copayment or coinsurance depending on the plan. Generic co-insurance 20% after deductible.